

**AMHERST, NS**

**Thu 8:00PM 1.5HR Hope Group**, Anglican Parish Church Hall, 5 Lawrence St, Amherst, NS, B3H 3G5 **(O,D,WC)**

**BRIDGETOWN, NS**

**Sun 7:30PM 1HR Freedom Group**, St. James Anglican Church, 289 Grandville Street, Bridgetown, NS, B0S 1C0 **(O,D)**

**BRIDGEWATER, NS**

**Thu 7:30PM 1HR Living Clean**, Holy Trinity Anglican Church Hall, 78 Alexandria Avenue, Bridgewater, NS, B4V 1H1 **(C,WC)**

**CAPE BRETON, NS**

**Mon 7:00PM 1HR Cape Breton IP Group**, Cape Breton, NS, **(D,IP,VM)** zoom ID: 231 287 8458 Pass Code: 123

**Tue 7:00PM 1HR CB Spin The Wheel Group**, Cape Breton, NS, **(D,VM)** zoom ID: 231 287 8458 Pass Code: 123

**Thu 7:00PM 1HR Cape Breton IP Group**, Cape Breton, NS, **(D,IP,VM)** zoom ID: 231 287 8458 Pass Code: 123

**DARTMOUTH, NS**

**Sun 7:30PM 1HR Strength In Numbers**, St. James Church Basement, Entrance at left front of church, 181 Portland Street, Dartmouth, NS, B2Y 1J5 **(O,To,WC)**

**Mon 7:30PM 1HR Sharing the Message**, Regal Road Baptist Church, 6 Regal Road, Dartmouth, NS, B2W 4Z7 **(O,D,WC)**

**Wed 6:30PM 1HR Serenity Seekers**, Sonlife Church, 152 Windmill Road, Dartmouth, NS, B3A 1E6 **(O,D,WC)** First Wednesday of the month meeting splits in two

**Fri 7:30PM 1HR You Have A Choice Today Group**, Saint James Church Basement, Entrance at left front of church, 181 Portland Street, Dartmouth, NS, B2Y 2X3 **(O,St)**

**ELMSDALE, NS**

**Wed 7:30PM 1HR NA Lengths**, River View United Church, 760 Highway #2, Elmsdale, NS, B2S 1G3 **(O,D,WC)**

**ESKASONI, NS**

**Thu 8:00PM 1HR Circle of Hope**, Nepisi Building, 72 Gabriel Street, Eskasoni, NS, B1W 1B4 **(O,CS,To,WC)**

**GLACE BAY, NS**

**Sat 7:00PM 1HR You're Not Alone Group**, Alano Club, 10 Mckeen Street, Glace Bay, NS, B1A 2L8 **(C,WC)**

**HALIFAX, NS**

**Sun 1:00PM 1HR Nothing To Fear**, All Nations Church, Entrance at rear of church, 2535 Robie Street, Halifax, NS, B3K 4N3 **(O,To,WC)**

**Sun 7:30PM 1HR 90 in 90**, Halifax, NS, **(O,To,VM)** Zoom ID: 664 566 277 Passcode: 909090

**Mon NOON 1HR We Do Recover**, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To)**

**Mon 7:30PM 1HR Liberation Group**, Saint Catherine's Church, 6476 Bayers Road, Halifax, NS, B3L 2B1 **(O,BT,To)**

**Mon 7:30PM 1HR Shelter From the Storm**, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To)**

**Tue 7:00PM 1HR Pride in Our Recovery Group**, Halifax, NS, B3K 3B7 **(O,GL,To,VM,LGBTQ+)** Zoom ID: 870 6977 1464 Password: Pride

**Tue 7:30PM 1HR Nature of Recovery Group**, Emmanuel Church, 322 Herring Cove Rd, Halifax, NS, B3R 1V4 **(O,BT,BK)**

**Wed NOON 1HR We Do Recover**, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To)**

**Wed 7:30PM 1HR Breaking Free Group**, Emmanuel Church, 322 Herring Cove Road, Halifax, NS, B3R 1V4 **(O,D,To,WC)**

**Thu 7:00PM 1HR I Can't We Can Group**, All Nations Church, Entrance at rear of church, 2535 Robie Street, Halifax, NS, B3K 4N3 **(C,D,WC)**

**Fri NOON 1HR We Do Recover**, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To,LC)**

**Fri 8:00PM 1HR Starting Point Group**, Fairview United Church, 3524 Dutch Village Road, Halifax, NS, B3N 2S1 **(O,To,WEB)**

**Sat 11:30AM 1HR Just for Today Group**, Evangelical Lutheran Church of the Resurrection, Entrance on Allen Street, 2096 Windsor Street, Halifax, NS, B3K 5B1 **(C,RF,WC)**

**Sat 8:00PM 1HR Last Chance Group**, Calvin Presbyterian Church, 3311 Ashburn Ave., Halifax, NS, B3L 4C3 **(O,To,WC)**

**KENTVILLE, NS**

**Fri 8:00PM 1.25HR Boomerang Group**, Kentville, NS, B4N 1K6 **(O,LC,VM)** Zoom ID: 782 035 0550 psw: 247247

**MUSQUODOBOIT HARBOUR, NS**

**Tue 7:30PM 1HR Progress Not Perfection**, 8 Park Rd, Musquodoboit Harbour, NS, **(O,D)**

**NS (CONT)****NEW GLASGOW, NS**

**Sun 7:00PM 1HR Taking Care of Business**, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, **(O,BT)**

**Tue 8:30PM 1HR Taking Care of Business**, New Glasgow, NS, **(O,BT,BK,VM)** Zoom info: ID: 4403874127 and Password: F9QnP5

**Thu 7:00PM 1HR Taking Care of Business**, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, **(O,BT)**

**Sat 7:00PM 1HR Taking Care of Business**, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, **(O,BT)**

**NORTH KINGSTON, NS**

**Thu 7:00PM 1HR Phoenix Group**, Multi-Addiction Centre, 2080 Bishop Mountain Road, North Kingston, NS, B0P 1R0 **(O,D,WC)**

**PORT HAWKESBURY, NS**

**Mon 7:00PM 1HR Straight Area Group**, Knights of Columbus, 138 Granville St., Port Hawkesbury, NS, B9A 2G1 **(O,D,WC)**

**SACKVILLE, NS**

**Sun 7:00PM 1HR Survivors**, Knox United Church, Park at back, enter at back, 567 Sackville Drive, Sackville, NS, B4C 2S4 **(O,To,WC)**

**Tue 7:00PM 1HR Survivors**, Knox United Church, park at back, enter at back, 567 Sackville Drive, Sackville, NS, B4C 2S4 **(O,To,WC)**

**Thu 7:00PM 1HR Survivors**, Knox United Church, Park at back, enter at back, 567 Sackville Drive, Sackville, NS, B4C 2S4 **(O,To,WC)**

**SHEET HARBOUR, NS**

**Fri 7:00PM 1HR Sheet Harbour Group**, Eastern Shore Memorial Hospital, 22637 Nova Scotia Trunk 7, Sheet Harbour, NS, B0J 3B0 **(O,D,WC)** Meeting held in the old boardroom

**SPRINGHILL, NS**

**Sun 7:30PM 1HR Foundation Group**, Miners Hall, Use side entrance, 85 Main Street, Springhill, NS, B0M1X0 **(O,D)**

**SYDNEY, NS**

**Sun 7:00PM 1HR Phoenix**, United Baptist Church, Rear Entrance, 500 Charlotte Street, Sydney, NS, B1P 1E7 **(C,D,WEB)**

**Fri 7:00PM 1HR Phoenix**, United Baptist Church, Rear Entrance, 500 Charlotte Street, Sydney, NS, B1P 1E7 **(C,D,WEB)**

**SYDNEY MINES, NS**

**Wed 8:00PM 1HR Love Life Group**, Northside Learning Centre, 55 King Street, Sydney Mines, NS, B1V 1L7 **(O,D,WC,HY)** Zoom ID: 871 2037 2573 Passcode: 123

**TRURO, NS**

**Sun 8:00PM 1HR New Vision Group**, St. Andrew's Church, 55 King St., Truro, NS, B2N 3K8 **(O,D,WC)**

**WINDSOR, NS**

**Thu 7:00PM 1HR Hope for Today**, Hants Community Hospital, Room 1B, 89 Payzant Dr, Windsor, NS, B0N2T0 **(C,D,To,WC)**

**MEETING FORMAT LEGEND**

BK	Book Study	BT	Basic Text
C	Closed	CS	Children under Supervision
D	Discussion	GL	Gay/Lesbian/Transgender
HY	HY	IP	Informational Pamphlet
LC	Living Clean	LGBTQ+ LGBTQ+	
O	Open	RF	Rotating Format
St	Step	To	Topic
VM	Virtual Meeting	WC	Wheelchair
WEB	Online Meeting		

**HELPLINES**

Nova Scotia 1.902.789.8323

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**

Basic Text, page 65



**Nova Scotia**

<https://centralnovaarea.ca>

**AUGUST 2024**

**Atlantic Canada Meetings**

1 902 789 8323

<https://carna.ca>

**SUGGESTIONS FOR EVERYONE**

**DON'T USE no matter what  
Ask your Higher Power to keep you clean  
Come early and stay late  
Get a home group  
Go to 90 meetings in 90 days  
Read NA literature daily  
Get and use a sponsor  
Use the PHONE**

**What is our message?**