

AMHERST, NS

Thu 8:00PM 1.5HR Hope Group, Anglican Parish Church Hall, 5 Lawrence St, Amherst, NS, B3H 3G5 **(O,D,WC)**

BRIDGETOWN, NS

Sun 7:30PM 1HR Freedom Group, St. James Anglican Church, 289 Grandville Street, Bridgetown, NS, B0S 1C0 **(O,D)**

BRIDGEWATER, NS

Thu 7:30PM 1HR Living Clean, Holy Trinity Anglican Church Hall, 78 Alexandria Avenue, Bridgewater, NS, B4V 1H1 **(C,WC)**

CAPE BRETON, NS

Mon 7:00PM 1HR Cape Breton IP Group, Cape Breton, NS, **(D,IP,VM)** zoom ID: 231 287 8458 Pass Code: 123

Tue 7:00PM 1HR CB Spin The Wheel Group, Cape Breton, NS, **(D,VM)** zoom ID: 231 287 8458 Pass Code: 123

Thu 7:00PM 1HR Cape Breton IP Group, Cape Breton, NS, **(D,IP,VM)** zoom ID: 231 287 8458 Pass Code: 123

DARTMOUTH, NS

Sun 7:30PM 1HR Strength In Numbers, St. James Church Basement, Entrance at left front of church, 181 Portland Street, Dartmouth, NS, B2Y 1J5 **(O,To,WC)**

Mon 7:30PM 1HR Sharing the Message, Regal Road Baptist Church, 6 Regal Road, Dartmouth, NS, B2W 4Z7 **(O,D,WC)**

Wed 6:30PM 1HR Serenity Seekers, Sonlife Church, 152 Windmill Road, Dartmouth, NS, B3A 1E6 **(O,D,WC)** First Wednesday of the month meeting splits in two

Fri 7:30PM 1HR You Have A Choice Today Group, Saint James Church Basement, Entrance at left front of church, 181 Portland Street, Dartmouth, NS, B2Y 2X3 **(O,St)**

ESKASONI, NS

Thu 8:00PM 1HR Circle of Hope, Nepisi Building, 72 Gabriel Street, Eskasoni, NS, B1W 1B4 **(O,CS,To,WC)**

GLACE BAY, NS

Sat 7:00PM 1HR You're Not Alone Group, Alano Club, 10 Mckeen Street, Glace Bay, NS, B1A 2L8 **(C,WC)**

HALIFAX, NS

Sun 1:00PM 1HR Nothing To Fear, All Nations Church, Entrance at rear of church, 2535 Robie Street, Halifax, NS, B3K 4N3 **(O,To,WC)**

Sun 7:30PM 1HR 90 in 90, Halifax, NS, **(O,To,VM)** Zoom ID: 664 566 277 Passcode: 909090

Mon NOON 1HR We Do Recover, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To)**

Mon 7:30PM 1HR Liberation Group, Saint Catherine's Church, 6476 Bayers Road, Halifax, NS, B3L 2B1 **(O,BT,To)**

Mon 7:30PM 1HR Shelter From the Storm, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To)**

Tue 7:00PM 1HR Pride in Our Recovery Group, Halifax, NS, B3K 3B7

Tue 7:00PM 1HR Nature of Recovery Group, Emmanuel Church, 322 Herring Cove Rd, Halifax, NS, B3R 1V4 **(O,BT,BK)**

Wed NOON 1HR We Do Recover, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To)**

Wed 7:30PM 1HR Breaking Free Group, Emmanuel Church, 322 Herring Cove Road, Halifax, NS, B3R 1V4 **(O,D,To,WC)**

Thu 7:00PM 1HR I Can't We Can Group, All Nations Church, Entrance at rear of church, 2535 Robie Street, Halifax, NS, B3K 4N3 **(C,D,WC)**

Fri NOON 1HR We Do Recover, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To,LC)**

Fri 8:00PM 1HR Starting Point Group, Fairview United Church, 3524 Dutch Village Road, Halifax, NS, B3N 2S1 **(O,To,WEB)**

Sat 11:30AM 1HR Just for Today Group, Evangelical Lutheran Church of the Resurrection, Entrance on Allen Street, 2096 Windsor Street, Halifax, NS, B3K 5B1 **(C,RF,WC)**

Sat 8:00PM 1HR Last Chance Group, Calvin Presbyterian Church, 3311 Ashburn Ave., Halifax, NS, B3L 4C3 **(O,To,WC)**

KENTVILLE, NS

Fri 8:00PM 1.25HR Boomerang Group, Kentville, NS, B4N 1K6 **(O,LC,VM)** Zoom ID: 782 035 0550 psw: 247247

MUSQUODOBOIT HARBOUR, NS

Tue 7:30PM 1HR Progress Not Perfection, Old School Community Hall, 7962 Hwy 7, Musquodoboit Harbour, NS, **(O,D)**

NEW GLASGOW, NS

Sun 7:00PM 1HR Taking Care of Business, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, **(O,BT)**

NS (CONT)

Tue 8:30PM 1HR Taking Care of Business, New Glasgow, NS, **(O,BT,BK,VM)** Zoom info: ID: 4403874127 and Password: F9QnP5

Thu 7:00PM 1HR Taking Care of Business, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, **(O,BT)**

Sat 7:00PM 1HR Taking Care of Business, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, **(O,BT)**

NORTH KINGSTON, NS

Thu 7:00PM 1HR Phoenix Group, Multi-Addiction Centre, 2080 Bishop Mountain Road, North Kingston, NS, B0P 1R0 **(O,D,WC)**

SACKVILLE, NS

Sun 7:00PM 1HR Survivors, Knox United Church, Park at back, enter at back, 567 Sackville Drive, Sackville, NS, B4C 2S4 **(O,To,WC)**

Tue 7:00PM 1HR Survivors, Knox United Church, park at back, enter at back, 567 Sackville Drive, Sackville, NS, B4C 2S4 **(O,To,WC)**

Thu 7:00PM 1HR Survivors, Knox United Church, Park at back, enter at back, 567 Sackville Drive, Sackville, NS, B4C 2S4 **(O,To,WC)**

SPRINGHILL, NS

Sun 7:30PM 1HR Foundation Group, Miners Hall, Use side entrance, 85 Main Street, Springhill, NS, B0M1X0 **(O,D)**

SYDNEY, NS

Sun 7:00PM 1HR Phoenix, United Baptist Church, Rear Entrance, 500 Charlotte Street, Sydney, NS, B1P 1E7 **(C,D,WEB)**

Fri 7:00PM 1HR Phoenix, United Baptist Church, Rear Entrance, 500 Charlotte Street, Sydney, NS, B1P 1E7 **(C,D,WEB)**

SYDNEY MINES, NS

Wed 8:00PM 1HR Love Life Group, Northside Learning Centre, 55 King Street, Sydney Mines, NS, B1V 1L7 **(O,D,WC,HY)** Zoom ID: 871 2037 2573 Passcode: 123

TRURO, NS

Sun 8:00PM 1HR New Vision Group, St. Andrew's Church, 55 King St., Truro, NS, B2N 3K8 **(O,D,WC)**

WINDSOR, NS

Thu 7:00PM 1HR Hope for Today, Hants Community Hospital, Room 1B, 89 Payzant Dr, Windsor, NS, B0N2T0 **(C,D,To,WC)**

MEETING FORMAT LEGEND

BK	Book Study	BT	Basic Text
C	Closed	CS	Children under Supervision
D	Discussion	GL	Gay/Lesbian/Transgender
HY	HY	IP	Informational Pamphlet
LC	Living Clean	LGBTQ+	LGBTQ+
O	Open	RF	Rotating Format
St	Step	To	Topic
VM	Virtual Meeting	WC	Wheelchair
WEB	Online Meeting		

HELPLINES

Nova Scotia 1.902.789.8323



Nova Scotia

<https://centralnovaarea.ca>

JUNE 2024

Atlantic Canada Meetings

1 902 789 8323

<https://carna.ca>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

What is our message?

**The message is that an addict,
 any addict, can stop using drugs,
 lose the desire to use,
 and find a new way to live.
 Our message is hope
 and the promise of freedom.**