

**AMHERST, NS**

**Mon 7:00PM 1HR Hope Group**, Anglican Parish Church Hall, 5 Lawrence St, Amherst, NS, B3H 3G5 **(O,D,WC)**

**ANTIGONISH, NS**

**Wed 7:00PM 1HR Recovery Crew**, 310 Main Street, Antigonish, NS, **(O,D,WC)**  
*Behind Circle K, Driveway to the side of Service Station*

**Fri 7:00PM 1HR Recovery Crew**, 310 Main Street, Antigonish, NS, **(O,D,WC)**  
*Behind Circle K, Driveway to the side of Service Station*

**BRIDGETOWN, NS**

**Sun 7:30PM 1HR Freedom Group**, St. James Anglican Church, 289 Grandville Street, Bridgetown, NS, B0S 1C0 **(O,D)**

**BRIDGEWATER, NS**

**Thu 7:30PM 1HR Living Clean**, Holy Trinity Anglican Church Hall, 78 Alexandria Avenue, Bridgewater, NS, B4V 1H1 **(C,WC)**

**CAPE BRETON, NS**

**Mon 7:00PM 1HR Cape Breton IP Group**, Cape Breton, NS, **(D,IP,VM)** zoom ID: 231 287 8458 Pass Code: 123

**Thu 7:00PM 1HR Cape Breton IP Group**, Cape Breton, NS, **(D,IP,VM)** zoom ID: 231 287 8458 Pass Code: 123

**DARTMOUTH, NS**

**Sun 7:30PM 1HR Strength In Numbers**, St. James Church Basement, Entrance at left front of church, 181 Portland Street, Dartmouth, NS, B2Y 1J5 **(O,To,WC)**

**Mon 7:30PM 1HR Sharing the Message**, Regal Road Baptist Church, 6 Regal Road, Dartmouth, NS, B2W 4Z7 **(O,D,WC)**

**Wed 7:00PM 1HR Serenity Seekers**, 152 Windmill Road, Dartmouth, NS, B3A 1G8 **(O,D,WC)** Meeting has a rotating Format, with a different Format each Wed. of the month

**Fri 7:30PM 1HR You Have A Choice Today Group**, Saint James Church Basement, Entrance at left front of church, 181 Portland Street, Dartmouth, NS, B2Y 2X3 **(O,St)**

**ELMSDALE, NS**

**Thu 7:30PM 1HR NA Lengths**, River View United Church, Elevator is not work at this moment, 760 Highway #2, Elmsdale, NS, B2S 1G3 **(O,D,WC)** 1st Wednesday of month is a rotating format: AB, SD, To...etc

**GLACE BAY, NS**

**Sat 7:00PM 1HR You're Not Alone Group**, Alano Club, 10 Mckeen Street, Glace Bay, NS, B1A 2L8 **(C,WC)**

**HALIFAX, NS**

**Sun 1:00PM 1HR Nothing To Fear**, All Nations Church, Entrance at rear of church, 2535 Robie Street, Halifax, NS, B3K 4N3 **(O,To)**

**Sun 7:30PM 1HR 90 in 90**, Halifax, NS, **(O,To,VM)** Zoom ID: 664 566 277  
Passcode: 909090

**Mon NOON 1HR We Do Recover**, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To)**

**Mon 7:30PM 1HR Liberation Group**, Saint Catherine's Church, 6476 Bayers Road, Halifax, NS, B3L 2B1 **(O,BT,To)** Meeting will not meet on Sept 23rd - Due to Church function

**Mon 7:30PM 1HR Shelter From the Storm**, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To)**

**Tue 7:00PM 1HR Pride in Our Recovery Group**, Halifax, NS, B3K 3B7 **(O,GL,To,VM,LGBTQ+)** Zoom ID: 870 6977 1464 Password: Pride

**Tue 7:30PM 1HR Nature of Recovery Group**, Emmanuel Church, 322 Herring Cove Rd, Halifax, NS, B3R 1V4 **(O,BT,BK)**

**Wed NOON 1HR We Do Recover**, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To)**

**Wed 7:30PM 1HR Breaking Free Group**, Emmanuel Church, 322 Herring Cove Road, Halifax, NS, B3R 1V4 **(O,D,To,WC)**

**Thu 7:00PM 1HR I Can't We Can Group**, Evangelical Lutheran Church of the Resurrection, Entrance on Allen Street, 2096 Windsor Street, Halifax, NS, B3K 5B1 **(C,D,WC)**

**Fri NOON 1HR We Do Recover**, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To,LC)**

**Fri 8:00PM 1HR Starting Point Group**, 3311 Ashburn Ave, Halifax, NS, B3N 2S1 **(O,To,WC)**

**HALIFAX, NS**

**Sat 10:00AM 1HR Guiding Principles**, Evangelical Lutheran Church of the Resurrection, 2096 Windsor Street, Halifax, NS, **(O,WC,BK)** Entrance on Allen St

**Sat 11:30AM 1HR Just for Today Group**, Evangelical Lutheran Church of the Resurrection, Entrance on Allen Street, 2096 Windsor Street, Halifax, NS, B3K 5B1 **(C,RF,WC)**

**Sat 8:00PM 1HR Last Chance Group**, Calvin Presbyterian Church, 3311 Ashburn Ave., Halifax, NS, B3L 4C3 **(O,D,To,WC)**

**KENTVILLE, NS**

**Fri 8:00PM 1.25HR Boomerang Group**, Kentville, NS, **(O,LC,VM)** ZOOM ID: 782 035 0550 PSW 247247

**MEMBERTOU, NS**

**Tue 7:30PM 1HR Candle Light**, Across from the Police Station, 3 Kateri Street, Membertou, NS, **(C,D)** Across from the Police Station

**NEW GLASGOW, NS**

**Sun 7:00PM 1HR Taking Care of Business**, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, **(O,BT)**

**Thu 7:00PM 1HR Taking Care of Business**, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, **(O,BT)**

**Sat 7:00PM 1HR Taking Care of Business**, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, **(O,BT)**

**NEW MINAS, NS**

**Sat 8:00PM 1HR Orchard Valley Group**, Orchard Valley United Church, 130 Cornwallis Ave, New Minas, NS, B3N 3M7 **(O,D,To)**

**NORTH KINGSTON, NS**

**Thu 7:00PM 1HR Phoenix Group**, Multi-Addiction Centre, 2080 Bishop Mountain Road, North Kingston, NS, B0P 1R0 **(O,D,WC)**

**PORTERS LAKE, NS**

**Tue 7:30PM 1HR Progress Not Perfection**, Foundation United Baptist Church, 4300 Highway #7, Porters Lake, NS, B0J 2L0 **(O,D)**

**PORT HAWKESBURY, NS**

**Mon 7:00PM 1HR Clean and Strait Group**, Knights of Columbus, 138 Granville St., Port Hawkesbury, NS, B9A 2G1 **(O,D,WC)**

**SACKVILLE, NS**

**Sun 7:00PM 1HR Survivors**, Knox United Church, Park at front, Entrance on front left side of church, 567 Sackville Drive, Sackville, NS, B4C 2S4 **(O,D,To,WC)**

**Tue 7:00PM 1HR Survivors**, Knox United Church, Park at front, Entrance at front left side of church, 567 Sackville Drive, Sackville, NS, B4C 2S4 **(O,D,To,WC)**

**Thu 7:00PM 1HR Survivors**, Knox United Church, Park at front, Entrance at front left side of church, 567 Sackville Drive, Sackville, NS, B4C 2S4 **(O,BT,D,To,WC)**

**SPRINGHILL, NS**

**Sun 7:30PM 1HR Foundation Group**, Miners Hall, Use side entrance, 85 Main Street, Springhill, NS, B0M1X0 **(O,D)**

**ST. PETERS, NS**

**Thu 7:00PM 1HR Gateway to Freedom**, St Peters Village Commission Office, 60 Denys Street, St. Peters, NS, **(O,D,WC)**

**SYDNEY, NS**

**Sun 7:00PM 1HR Phoenix**, United Baptist Church, Rear Entrance, 500 Charlotte Street, Sydney, NS, B1P 1E7 **(C,D,WEB)**

**Thu 1:30PM 1.5HR Her Reclaimed Freedom**, 235 Townsend Street, Sydney, NS, B1P 5E7 **(O,D,W,WC)**

**Fri 7:00PM 1HR Phoenix**, United Baptist Church, Rear Entrance, 500 Charlotte Street, Sydney, NS, B1P 1E7 **(C,D,WEB)**

**SYDNEY MINES, NS**

**Wed 8:00PM 1HR Love Life Group**, Northside Learning Centre, 55 King Street, Sydney Mines, NS, B1V 1L7 **(O,D,WC,HY)** Zoom ID: 871 2037 2573 Passcode: 123

**SYDNEY RIVER, NS**

**Mon 8:00PM 1HR Hope Not Dope**, Our Lady of Fatima Church, Entrance at side of the Church, 1452 King's Rd, Sydney River, NS, **(C,D,St,WC,BK)**

**TRURO, NS**

**Sun 8:00PM 1HR New Vision Group**, St. Andrew's Church, 55 King St., Truro, NS, B2N 3K8 **(O,D,WC)**

**WHYCOCOMAGH, NS**

**Tue 8:00PM 1HR Talking Circle**, Theresa Cremo Memorial Health Center, Whycocomagh First Nation, CB, 93 Reservation Road, Whycocomagh, NS, **(O,D,WC)**

**WINDSOR, NS**

**Thu 7:00PM 1HR Hope for Today**, Hants Community Hospital, Room 2A, 89 Payzant Dr, Windsor, NS, B0N2T0 **(C,D,To,WC)**

**YARMOUTH, NS**

**Fri 7:00PM 1HR Beacon of Hope Group**, Beacon United Church, 25 Beacon Street, Yarmouth, NS, **(C,D,To,WC)**

**MEETING FORMAT LEGEND**

BT	Basic Text	C	Closed
D	Discussion	GL	Gay/Lesbian/Transgender
IP	Informational Pamphlet	O	Open
RF	Rotating Format	St	Step
To	Topic	W	Women
WC	Wheelchair	BK	Book Study
WEB	Online Meeting	LC	Living Clean
VM	Virtual Meeting	HY	HY
LGBTQ+	LGBTQ+		

## What is our message?

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**

Basic Text, page 65



## Nova Scotia

<https://centralnovaarea.ca>

## JUNE 2026

**Atlantic Canada Meetings**  
Help Line

1 902 789 8323

<https://carna.ca>

**SUGGESTIONS FOR EVERYONE**

**DON'T USE** no matter what

**Come early and stay late**

**Get a home group**

**Go to 90 meetings in 90 days**

**Read NA literature daily**

**Get and use a sponsor**

**Use the PHONE**