

Our message is hope  
and the promise of freedom.

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Nova Scotia

<https://centralnovaarea.ca>

JULY 2024

Atlantic Canada Meetings

1 902 789 8323

<https://carna.ca>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what  
Ask your Higher Power to keep you clean  
Come early and stay late  
Get a home group  
Go to 90 meetings in 90 days  
Read NA literature daily  
Get and use a sponsor  
Use the PHONE

What is our message?

The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.

AMHERST, NS	
Thu 8:00PM 1.5HR Hope Group, Anglican Parish Church Hall, 5 Lawrence St, Amherst, NS, B3H 3G5 (O,D,WC)	
BRIDGETOWN, NS	
Sun 7:30PM 1HR Freedom Group, St. James Anglican Church, 289 Grandville Street, Bridgetown, NS, B0S 1C0 (O,D)	
BRIDGEWATER, NS	
Thu 7:30PM 1HR Living Clean, Holy Trinity Anglican Church Hall, 78 Alexandria Avenue, Bridgewater, NS, B4V 1H1 (C,WC)	
CAPE BRETON, NS	
Mon 7:00PM 1HR Cape Breton IP Group, Cape Breton, NS, (D,IP,VM) zoom ID: 231 287 8458 Pass Code: 123	
Tue 7:00PM 1HR CB Spin The Wheel Group, Cape Breton, NS, (D,VM) zoom ID: 231 287 8458 Pass Code: 123	
Thu 7:00PM 1HR Cape Breton IP Group, Cape Breton, NS, (D,IP,VM) zoom ID: 231 287 8458 Pass Code: 123	
DARTMOUTH, NS	
Sun 7:30PM 1HR Strength In Numbers, St. James Church Basement, Entrance at left front of church, 181 Portland Street, Dartmouth, NS, B2Y 1J5 (O,To,WC)	
Mon 7:30PM 1HR Sharing the Message, Regal Road Baptist Church, 6 Regal Road, Dartmouth, NS, B2W 4Z7 (O,D,WC)	
Wed 6:30PM 1HR Serenity Seekers, Sonlife Church, 152 Windmill Road, Dartmouth, NS, B3A 1E6 (O,D,WC) First Wednesday of the month meeting splits in two	
Fri 7:30PM 1HR You Have A Choice Today Group, Saint James Church Basement, Entrance at left front of church, 181 Portland Street, Dartmouth, NS, B2Y 2X3 (O,St)	
ELMSDALE, NS	
Wed 7:30PM 1HR NA Lengths, River View United Church, 760 Highway #2, Elmsdale, NS, B2S 1G3 (O,D,WC)	
ESKASONI, NS	
Thu 8:00PM 1HR Circle of Hope, Nepisi Building, 72 Gabriel Street, Eskasoni, NS, B1W 1B4 (O,CS,To,WC)	
GLACE BAY, NS	
Sat 7:00PM 1HR You're Not Alone Group, Alano Club, 10 McKeen Street, Glace Bay, NS, B1A 2L8 (C,WC)	
HALIFAX, NS	
Sun 1:00PM 1HR Nothing To Fear, All Nations Church, Entrance at rear of church, 2535 Robie Street, Halifax, NS, B3K 4N3 (O,To,WC)	
Sun 7:30PM 1HR 90 in 90, Halifax, NS, (O,To,VM) Zoom ID: 664 566 277 Passcode: 909090	
Mon NOON 1HR We Do Recover, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 (O,To)	
Mon 7:30PM 1HR Liberation Group, Saint Catherine's Church, 6476 Bayers Road, Halifax, NS, B3L 2B1 (O,BT,To)	
Mon 7:30PM 1HR Shelter From the Storm, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 (O,To)	
Tue 7:00PM 1HR Pride in Our Recovery Group, Halifax, NS, B3K 3B7 (O,GL,To,VM,LGBTQ+) Zoom ID: 870 6977 1464 Password: Pride	
Tue 7:30PM 1HR Nature of Recovery Group, Emmanuel Church, 322 Herring Cove Rd, Halifax, NS, B3R 1V4 (O,BT,BK)	
Wed NOON 1HR We Do Recover, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 (O,To)	
Wed 7:30PM 1HR Breaking Free Group, Emmanuel Church, 322 Herring Cove Road, Halifax, NS, B3R 1V4 (O,D,To,WC)	
Thu 7:00PM 1HR I Can't We Can Group, All Nations Church, Entrance at rear of church, 2535 Robie Street, Halifax, NS, B3K 4N3 (C,D,WC)	
Fri NOON 1HR We Do Recover, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 (O,To,LC)	
Fri 8:00PM 1HR Starting Point Group, Fairview United Church, 3524 Dutch Village Road, Halifax, NS, B3N 2S1 (O,To,WEB)	
Sat 11:30AM 1HR Just for Today Group, Evangelical Lutheran Church of the Resurrection, Entrance on Allen Street, 2096 Windsor Street, Halifax, NS, B3K 5B1 (C,RF,WC)	
Sat 8:00PM 1HR Last Chance Group, Calvin Presbyterian Church, 3311 Ashburn Ave., Halifax, NS, B3L 4C3 (O,To,WC)	
KENTVILLE, NS	
Fri 8:00PM 1.25HR Boomerang Group, Kentville, NS, B4N 1K6 (O,LC,VM) Zoom ID: 782 035 0550 psw: 247247	
MUSQUODOBOIT HARBOUR, NS	
Tue 7:30PM 1HR Progress Not Perfection, 8 Park Rd, Musquodoboit Harbour, NS, (O,D)	

NS (CONT)

NEW GLASGOW, NS

Sun 7:00PM 1HR Taking Care of Business, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, (O,BT)

Tue 8:30PM 1HR Taking Care of Business, New Glasgow, NS, (O,BT,BK,VM) Zoom info: ID: 4403874127 and Password: F9QnP5

Thu 7:00PM 1HR Taking Care of Business, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, (O,BT)

Sat 7:00PM 1HR Taking Care of Business, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, (O,BT)

NORTH KINGSTON, NS

Thu 7:00PM 1HR Phoenix Group, Multi-Addiction Centre, 2080 Bishop Mountain Road, North Kingston, NS, B0P 1R0 (O,D,WC)

SACKVILLE, NS

Sun 7:00PM 1HR Survivors, Knox United Church, Park at back, enter at back, 567 Sackville Drive, Sackville, NS, B4C 2S4 (O,To,WC)

Tue 7:00PM 1HR Survivors, Knox United Church, park at back, enter at back, 567 Sackville Drive, Sackville, NS, B4C 2S4 (O,To,WC)

Thu 7:00PM 1HR Survivors, Knox United Church, Park at back, enter at back, 567 Sackville Drive, Sackville, NS, B4C 2S4 (O,To,WC)

SPRINGHILL, NS

Sun 7:30PM 1HR Foundation Group, Miners Hall, Use side entrance, 85 Main Street, Springhill, NS, B0M1X0 (O,D)

SYDNEY, NS

Sun 7:00PM 1HR Phoenix, United Baptist Church, Rear Entrance, 500 Charlotte Street, Sydney, NS, B1P 1E7 (C,D,WEB)

Fri 7:00PM 1HR Phoenix, United Baptist Church, Rear Entrance, 500 Charlotte Street, Sydney, NS, B1P 1E7 (C,D,WEB)

SYDNEY MINES, NS

Wed 8:00PM 1HR Love Life Group, Northside Learning Centre, 55 King Street, Sydney Mines, NS, B1V 1L7 (O,D,WC,HY) Zoom ID: 871 2037 2573 Passcode: 123

TRURO, NS

Sun 8:00PM 1HR New Vision Group, St. Andrew's Church, 55 King St., Truro, NS, B2N 3K8 (O,D,WC)

WINDSOR, NS

Thu 7:00PM 1HR Hope for Today, Hants Community Hospital, Room 1B, 89 Payzant Dr, Windsor, NS, B0N2T0 (C,D,To,WC)

MEETING FORMAT LEGEND

BK	Book Study	BT	Basic Text
C	Closed	CS	Children under Supervision
D	Discussion	GL	Gay/Lesbian/Transgender
HY	HY	IP	Informational Pamphlet
LC	Living Clean	LGBTQ+	LGBTQ+
O	Open	RF	Rotating Format
St	Step	To	Topic
VM	Virtual Meeting	WC	Wheelchair
WEB	Online Meeting		

HELPLINES

Nova Scotia1.902.789.8323