

Our message is hope
and the promise of freedom.

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Nova Scotia

<https://centralnovaarea.ca>

DECEMBER 2025

Atlantic Canada Meetings

1 902 789 8323

<https://carna.ca>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

What is our message?

The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.

AMHERST, NS	
Mon 7:00PM 1HR Hope Group, Anglican Parish Church Hall, 5 Lawrence St, Amherst, NS, B3H 3G5 (O,D,WC)	
BRIDGETOWN, NS	
Sun 7:30PM 1HR Freedom Group, St. James Anglican Church, 289 Grandville Street, Bridgetown, NS, B0S 1C0 (O,D)	
BRIDGEWATER, NS	
Thu 7:30PM 1HR Living Clean, Holy Trinity Anglican Church Hall, 78 Alexandria Avenue, Bridgewater, NS, B4V 1H1 (C,WC)	
CAPE BRETON, NS	
Mon 7:00PM 1HR Cape Breton IP Group, Cape Breton, NS, (D,IP,VM) zoom ID: 231 287 8458 Pass Code: 123	
Thu 7:00PM 1HR Cape Breton IP Group, Cape Breton, NS, (D,IP,VM) zoom ID: 231 287 8458 Pass Code: 123	
DARTMOUTH, NS	
Sun 7:30PM 1HR Strength In Numbers, St. James Church Basement, Entrance at left front of church, 181 Portland Street, Dartmouth, NS, B2Y 1J5 (O,To,WC)	
Mon 7:30PM 1HR Sharing the Message, Regal Road Baptist Church, 6 Regal Road, Dartmouth, NS, B2W 4Z7 (O,D,WC)	
Wed 7:00PM 1HR Serenity Seekers, 152 Windmill Road, Dartmouth, NS, B3A 1G8 (O,D,WC) Meeting has a rotating format, with a different Format each Wed. of the month	
Fri 7:30PM 1HR You Have A Choice Today Group, Saint James Church Basement, Entrance at left front of church, 181 Portland Street, Dartmouth, NS, B2Y 2X3 (O,St)	
ELMSDALE, NS	
Thu 7:30PM 1HR NA Lengths, River View United Church, 760 Highway #2, Elmsdale, NS, B2S 1G3 (O,D,WC) 1st Wednesday of month is a rotating format: AB, SD, To...etc	
GLACE BAY, NS	
Sat 7:00PM 1HR You're Not Alone Group, Alano Club, 10 Mckeen Street, Glace Bay, NS, B1A 2L8 (C,WC)	
HALIFAX, NS	
Sun 1:00PM 1HR Nothing To Fear, All Nations Church, Entrance at rear of church, 2535 Robie Street, Halifax, NS, B3K 4N3 (O,To)	
Sun 7:30PM 1HR 90 in 90, Halifax, NS, (O,To,VM) Zoom ID: 664 566 277 Passcode: 909090	
Mon NOON 1HR We Do Recover, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 (O,To)	
Mon 7:30PM 1HR Liberation Group, Saint Catherine's Church, 6476 Bayers Road, Halifax, NS, B3L 2B1 (O,BT,To) Meeting will not meet on Sept 23rd - Due to Church function	
Mon 7:30PM 1HR Shelter From the Storm, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 (O,To)	
Tue 7:00PM 1HR Pride in Our Recovery Group, Halifax, NS, B3K 3B7 (O,GL,To,VM,LGBTQ+) Zoom ID: 870 6977 1464 Password: Pride	
Tue 7:30PM 1HR Nature of Recovery Group, Emmanuel Church, 322 Herring Cove Rd, Halifax, NS, B3R 1V4 (O,BT,BK)	
Wed NOON 1HR We Do Recover, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 (O,To)	
Wed 7:30PM 1HR Breaking Free Group, Emmanuel Church, 322 Herring Cove Road, Halifax, NS, B3R 1V4 (O,D,To,WC)	
Thu 7:00PM 1HR I Can't We Can Group, Evangelical Lutheran Church of the Resurrection, Entrance on Allen Street, 2096 Windsor Street, Halifax, NS, B3K 5B1 (C,D,WC)	
Fri NOON 1HR We Do Recover, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 (O,To,LC)	
Fri 8:00PM 1HR Starting Point Group, 3311 Ashburn Ave, Halifax, NS, B3N 2S1 (O,To) No Bathrooms Available	
Sat 11:30AM 1HR Just for Today Group, Evangelical Lutheran Church of the Resurrection, Entrance on Allen Street, 2096 Windsor Street, Halifax, NS, B3K 5B1 (C,RF,WC)	
Sat 8:00PM 1HR Last Chance Group, Calvin Presbyterian Church, 3311 Ashburn Ave., Halifax, NS, B3L 4C3 (O,D,To,WC)	
KENTVILLE, NS	
Fri 8:00PM 1.25HR Boomerang Group, Kentville, NS, (O,LC,VM) ZOOM ID: 782 035 0550 PSW 247247	
NEW GLASGOW, NS	
Sun 7:00PM 1HR Taking Care of Business, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, (O,BT)	
Thu 7:00PM 1HR Taking Care of Business, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, (O,BT)	
Sat 7:00PM 1HR Taking Care of Business, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, (O,BT)	

NEW MINAS, NS	
Sat 8:00PM 1HR Orchard Valley Group, Orchard Valley United Church, 130 Cornwalliss Ave, New Minas, NS, B3N 3M7 (O,D,To)	
NORTH KINGSTON, NS	
Thu 7:00PM 1HR Phoenix Group, Multi-Addiction Centre, 2080 Bishop Mountain Road, North Kingston, NS, B0P 1R0 (O,D,WC)	
PORTERS LAKE, NS	
Tue 7:30PM 1HR Progress Not Perfection, Foundation United Baptist Church, 4300 Highway #7, Porters Lake, NS, B0J 2L0 (O,D)	
PORT HAWKESBURY, NS	
Mon 7:00PM 1HR Clean and Strait Group, Knights of Columbus, 138 Granville St., Port Hawkesbury, NS, B9A 2G1 (O,D,WC)	
SACKVILLE, NS	
Sun 7:00PM 1HR Survivors, Knox United Church, Park at front, Entrance on front left side of church, 567 Sackville Drive, Sackville, NS, B4C 2S4 (O,D,To,WC)	
Tue 7:00PM 1HR Survivors, Knox United Church, Park at front Entrance at front left side of church, 567 Sackville Drive, Sackville, NS, B4C 2S4 (O,D,To,WC)	
Thu 7:00PM 1HR Survivors, Knox United Church, Park at front Entrance at front left side of church, 567 Sackville Drive, Sackville, NS, B4C 2S4 (O,BT,D,To,WC)	
SPRINGHILL, NS	
Sun 7:30PM 1HR Foundation Group, Miners Hall, Use side entrance, 85 Main Street, Springhill, NS, B0M1X0 (O,D)	
SYDNEY, NS	
Sun 7:00PM 1HR Phoenix, United Baptist Church, Rear Entrance, 500 Charlotte Street, Sydney, NS, B1P 1E7 (C,D,WEB)	
Fri 7:00PM 1HR Phoenix, United Baptist Church, Rear Entrance, 500 Charlotte Street, Sydney, NS, B1P 1E7 (C,D,WEB)	
SYDNEY MINES, NS	
Wed 8:00PM 1HR Love Life Group, Northside Learning Centre, 55 King Street, Sydney Mines, NS, B1V 1L7 (O,D,WC,HY) Zoom ID: 871 2037 2573 Passcode: 123	
TRURO, NS	
Sun 8:00PM 1HR New Vision Group, St. Andrew's Church, 55 King St., Truro, NS, B2N 3K8 (O,D,WC)	
WINDSOR, NS	
Thu 7:00PM 1HR Hope for Today, Hants Community Hospital, Room 1B, 89 Payzant Dr, Windsor, NS, B0N2T0 (C,D,To,WC)	
YARMOUTH, NS	
Fri 7:00PM 1HR Beacon of Hope Group, Beacon United Church, 25 Beacon Street, Yarmouth, NS, (C,D,To,WC)	

MEETING FORMAT LEGEND			
BT	Basic Text	C	Closed
D	Discussion	GL	Gay/Lesbian/Transgender
IP	Informational Pamphlet	O	Open
RF	Rotating Format	St	Step
To	Topic	WC	Wheelchair
BK	Book Study	WEB	Online Meeting
LC	Living Clean	VM	Virtual Meeting
HY	HY	LGBTQ+	LGBTQ+

HELPLINES	
Nova Scotia	1.902.789.8323