SYDNEY, NO DATA

Mon 1:30PM 1.5HR Her Reclaimed Recovery, Elizabeth Fry Society, Women Only, 235 Townsend Street, Sydney, B1P 5E7 **(To,W)** *Women Only*

AMHERST, NS

Mon 7:00PM 1HR Hope Group, Anglican Parish Church Hall, 5 Lawrence St, Amherst, NS, B3H 3G5 **(O,D,WC)**

ANTIGONISH, NS

Wed 7:00PM 1HR Recovery Crew, 310 Main Street, Antigonish, NS, **(O,D,WC)** *Behind Circle K, Driveway to the side of Service Station*

Fri 7:00PM 1HR Recovery Crew, 310 Main Street, Antigonish, NS, **(O,D,WC)** *Behind Circle K, Driveway to the side of Service Station*

BRIDGETOWN, NS

Sun 7:30PM 1HR Freedom Group, St. James Anglican Church, 289 Grandvillle Street, Bridgetown, NS, B0S 1C0 **(O,D)**

CAPE BRETON, NS

Mon 7:00PM 1HR Cape Breton IP Group, Cape Breton, NS, **(D,IP,VM)** *zoom ID: 231 287 8458 Pass Code: 123*

Thu 7:00PM 1HR Cape Breton IP Group, Cape Breton, NS, **(D,IP,VM)** *zoom ID: 231 287 8458 Pass Code: 123*

DARTMOUTH, NS

Sun 7:30PM 1HR Strength In Numbers, St. James Church Basement, Entrance at left front of church, 181 Portland Street, Dartmouth, NS, B2Y 1J5 **(O,To,WC)**

Mon 7:30PM 1HR Sharing the Message, Regal Road Baptist Church, 6 Regal Road, Dartmouth, NS, B2W 4Z7 **(O,D,WC)**

Wed 7:00PM 1HR Serenity Seekers, 152 Windmill Road, Dartmouth, NS, B3A 1G8 **(O,D,WC)** *Meeting has a rotating Format, with a different Format each Wed. of the month*

Fri 7:30PM 1HR You Have A Choice Today Group, Saint James Church Basement, Entrance at left front of church, 181 Portland Street, Dartmouth, NS, B2Y 2X3 **(O,St)**

ELMSDALE, NS

Thu 7:30PM 1HR NA Lengths, River View United Church, Elevator is not work at this moment, 760 Highway #2, Elmsdale, NS, B2S 1G3 **(O,D,WC)** *1st Wednesday of month is a rotating format: AB, SD, To...etc*

GLACE BAY, NS

Sat 7:00PM 1HR You're Not Alone Group, Alano Club, 10 Mckeen Street, Glace Bay, NS, B1A 2L8 **(C,D,WC)**

HALIFAX, NS

Sun 1:00PM 1HR Nothing To Fear, All Nations Church, Entrance at rear of church, 2535 Robie Street, Halifax, NS, B3K 4N3 **(O,To)**

Sun 7:30PM 1HR 90 in 90, Halifax, NS, **(O,To,VM)** *Zoom ID: 664 566 277 Passcode: 909090*

Mon NOON 1HR We Do Recover, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To)**

Mon 7:30PM 1HR Liberation Group, Saint Catherine's Church, 6476 Bayers Road, Halifax, NS, B3L 2B1 **(O,BT,To)** *Meeting will not meet on Sept 23rd - Due to Church function*

Mon 7:30PM 1HR Shelter From the Storm, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To)**

Tue 7:00PM 1HR Pride in Our Recovery Group, Halifax, NS, B3K 3B7 **(O,GL,To,VM,LGBTQ+)** *Zoom ID: 870 6977 1464 Password: Pride*

Tue 7:30PM 1HR Nature of Recovery Group, Emmanuel Church, 322 Herring Cove Rd, Halifax, NS, B3R 1V4 **(O,BT,BK)**

Wed NOON 1HR We Do Recover, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To)**

Wed 7:30PM 1HR Breaking Free Group, Emmanual Church, 322 Herring Cove Road, Halifax, NS, B3R 1V4 **(O,D,To,WC)**

Thu 7:00PM 1HR I Can't We Can Group, Evangelical Lutheran Church of the Resurrection, Entrance on Allen Street, 2096 Windsor Street, Halifax, NS, B3K 5B1 **(C,D,WC)**

Fri NOON 1HR We Do Recover, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To,LC)**

Fri 8:00PM 1HR Starting Point Group, 3311 Ashburn Ave, Halifax, NS, B3N 2S1 **(O,To,WC)**

HALIFAX, NS

Sat 10:00AM 1HR Guiding Principles, Evangelical Lutheran Church of the Resurrection, 2096 Windsor Street, Halifax, NS, **(O,WC,BK)** *Entrance on Allen St*

Sat 11:30AM 1HR Just for Today Group, Evangelical Lutheran Church of the Resurrection, Entrance on Allen Street, 2096 Windsor Street, Halifax, NS, B3K 5B1 **(C,RF,WC)**

Sat 8:00PM 1HR Last Chance Group, Calvin Presbyterian Church, 3311 Ashburn Ave., Halifax, NS, B3L 4C3 **(O,D,To,WC)**

KENTVILLE, NS

Fri 8:00PM 1.25HR Boomerang Group, Kentville, NS, **(O,LC,VM)** *ZOOM ID: 782 035 0550 PSW 247247*

MEMBERTOU, NS

Tue 8:00PM 1HR Candle Light, Across from the Police Station, 3 Kateri Street, Membertou, NS, **(C,D)** *Across from the Police Station*

Thu 7:30PM 1HR Candle Light, Across from the Police Station, 3 Kateri Street, Membertou, NS, **(C,D)** *Across from the Police Station*

NEW GLASGOW, NS

Sun 7:00PM 1HR Taking Care of Business, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, **(O,BT)**

Thu 7:00PM 1HR Taking Care of Business, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, **(O,BT)**

Sat 7:00PM 1HR Taking Care of Business, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, **(O,BT)**

NEW MINAS, NS

Sat 8:00PM 1HR Orchard Valley Group, Orchard Valley United Church, 130 Cornwallis Ave, New Minas, NS, B3N 3M7 **(O,D,To)**

NORTH KINGSTON, NS

Thu 8:00PM 1HR Phoenix Group, Multi-Addiction Centre, 2080 Bishop Mountain Road, North Kingston, NS, B0P 1R0 **(O,D,WC)**

PORTERS LAKE, NS

Tue 7:30PM 1HR Progress Not Perfection, Foundation United Baptist Church, 4300 Highway #7, Porters Lake, NS, B0J 2L0 **(O,D)**

PORT HAWKESBURY, NS

Mon 7:00PM 1HR Clean and Strait Group, Knights of Columbus, 138 Granville St., Port Hawkesbury, NS, B9A 2G1 **(O,D,WC)**

SACKVILLE, NS

Sun 7:00PM 1HR Survivors, Knox United Church, Park at front, Entrance on front left side of church, 567 Sackvile Drive, Sackville, NS, B4C 2S4 **(O,D,To,WC)**

Tue 7:00PM 1HR Survivors, Knox United Church, Park at front, Entrance at front left side of church, 567 Sackvile Drive, Sackville, NS, B4C 2S4 **(O,D,To,WC)**

Thu 7:00PM 1HR Survivors, Knox United Church, Park at front, Entrance at front left side of church, 567 Sackvile Drive, Sackville, NS, B4C 2S4 **(O,BT,D,To,WC)**

SPRINGHILL, NS

Sun 7:30PM 1HR Foundation Group, Miners Hall, Use side entrance, 85 Main Street, Springhill, NS, B0M1X0 **(O,D)**

ST. PETERS, NS

Thu 7:00PM 1HR Gateway to Freedom, St Peters Village Commission Office, 60 Denys Street, St. Peters, NS, **(O,D,WC)**

SYDNEY, NS

Sun 7:00PM 1HR Phoenix, Heritage Church, Rear Entrance, 500 Charlotte Street, Sydney, NS, B1P 1E7 **(C,D,WC)**

Thu 1:30PM 1.5HR Her Reclaimed Freedom, 235 Townsend Street, Sydney, NS, B1P 5E7 **(O,D,W,WC)**

Fri 7:00PM 1HR Phoenix, Heritage Church, Rear Entrance, 500 Charlotte Street, Sydney, NS, B1P 1E7 **(C,D,WC)**

SYDNEY MINES, NS

Wed 8:00PM 1HR Love Life Group, Northside Learning Centre, 55 King Street, Sydney Mines, NS, B1V 1L7 **(O,D,WC,HY)** *Zoom ID; 871 2037 2573 Passcode: 123*

TRURO, NS

Sun 7:00PM 1HR New Vision Group, St. Andrew's Church, Up Stairs, 55 King St., Truro, NS, B2N 3K8 **(O,D,WC)**

Thu 7:00PM 1.5HR New Vison Group, St. Andrew's Church, Basement, 55 King St., Truro, NS, B2N 3K8 **(O,D)** *Not Wheelchair Assessable*

WHYCOCOMAGH, NS

Tue 8:00PM 1HR Talking Circle, Theresa Cremo Memorial Health Center, Whycocomagh First Nation, CB, 93 Reservation Road, Whycocomagh, NS, **(O,D,WC)**

WINDSOR, NS

Thu 7:00PM 1HR Hope for Today, Hants Community Hospital, Room 2A, 89 Payzant Dr, Windsor, NS, B0N2T0 **(C,D,To,WC)**

YARMOUTH, NS

Fri 7:00PM 1HR Beacon of Hope Group, Beacon United Church, 25 Beacon Street, Yarmouth, NS, **(C,D,To,WC)**

MEETING FORMAT LEGEND			
BT	Basic Text	C	Closed
D	Discussion	GL	Gay/Lesbian/Transgender
IP	Informational Pamphlet	O	Open
RF	Rotating Format	St	Step
To	Topic	W	Women
WC	Wheelchair	BK	Book Study
LC	Living Clean	VM	Virtual Meeting
HY	HY	LGBTQ+	LGBTQ+

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

Basic Text*, page 65*

Nova Scotia

https://centralnovaarea.ca

NOVEMBER 2026

Atlantic Canada Meetings

Help Line

1 902 789 8323

https://carna.ca

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Come early and stay late
Get a home group

Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE