

**EDMUNSTON, NB**

**Sun 7:30PM 1.5HR Poppy's Group**, 26 37eme Ave, Edmunston, NB, E3V2W6 **(BL,D)**  
**Wed 7:30PM 1.5HR Poppy's Group**, 26 37eme Ave, Edmunston, NB, E3V2W6 **(BL,D)**

**EEL GROUND, NB**

**Thu 7:30PM 1HR Eel Ground Meeting**, 36 Mic Mac Road, Eel Ground, NB, e1v4b1 **(BT)**

**FREDERICTON, NB**

**Sun 7:00PM 1.5HR Living in the Miracle**, Parking only on opposite side of road., 168 Chrch Street, Fredericton, NB, E3B 4C9 **(O,BT)**  
**Mon 7:00PM 1.5HR Free Spirit Group**, Wilmot United Church, Carlton Street Door. Must wear a mask when travelling to the meeting space., 473 King Street, Fredericton, NB, E3B 1E5 **(O,RF,LC)**  
**Tue 7:00PM 1.25HR Living Free**, Victoria Health Center, 65 Brunswick Street, Fredericton, NB, E3B1G5 **(SPAD)**  
**Wed 7:00PM 1.5HR Free Spirit Group**, Wilmot United Church, Carlton Street Door., 473 King Street, Fredericton, NB, E3B 1E5 **(O,JT)**  
**Fri 7:00PM 1.5HR Living in the Miracle**, 168 Chrch Street, Fredericton, NB, E3B 4C9 **(O,IW)**  
**Sat 7:00PM 1.25HR Living Free**, Victoria Health Center, 65 Brunswick Street, Fredericton, NB, E3B1G5 **(SPAD)**

**MONCTON, NB**

**Sun 7:00PM 1HR Unity Is the Key**, 105 Elmwood St, Moncton, NB, E1C 4Z3 **(D,JT)**  
**Tue 7:00PM 1HR Unity Is the Key**, St. George Anglican Church, Use the intercom on the Church St., office door, 51 Church Street, Moncton, NB, E1C 4Z3 **(D,JT)**  
**Thu 7:00PM 1HR Unity Is the Key**, St. George Anglican Church, Use the intercom on the Church St., office door, 51 Church Street, Moncton, NB, E1C 4Z3 **(D,JT)**

**ROTHESAY, NB**

**Sat 7:00PM 1.25HR Nature of Recovery**, St. Paul's Church Hall, Next to the post office (enter, turn left, downstairs - turn left -straight ahead), 4 Church Ave, Rothesay, NB, E2E 5G4 **(O,CL,RF,ENG,COVID)**

**SAINT JOHN, NB**

**Mon 7:00PM 1.25HR Clean and Serene**, Grace Presbyterian Church, Enter from back door on Hazen Street - Look for the NA sign, 101 Coburg Street, Saint John, NB, E2L 3J8 **(O,St)**  
**Wed 7:00PM 1.25HR Clean and Serene**, Grace Presbyterian Church, Entrance from back dorr on Hazen Street, Look for NA sign, 101 Coburg Street, Saint John, NB, E2L 3J8 **(O,To)**  
**Fri 7:00PM 1.25HR Freedom Group**, St Mary and Saint Bartholomew Anglican Church, use the side entrance, 646 westmoreland road, Saint John, NB, **(O,St,BK)**

**MEETING FORMAT LEGEND**

BK	Book Study	BL	Bi-Lingual
BT	Basic Text	CL	Candlelight
COVID	Covid Protocols	D	Discussion
ENG	English speaking	IW	It Works -How and Why
JT	Just for Today	LC	Living Clean
O	Open	RF	Rotating Format
SPAD	A Spiritual Principle a Day	St	Step
To	Topic		

**PHONE NUMBERS**

## Narcotics Anonymous New Brunswick

### AUGUST 2024

## Recovery Meeting Information

1 800 (NAWAY) 564 0228

<https://nanbasc.com>

### SUGGESTIONS FOR EVERYONE

**DON'T USE no matter what**  
**Ask your Higher Power to keep you clean**  
**Come early and stay late**  
**Get a home group**  
**Go to 90 meetings in 90 days**  
**Read NA literature daily**  
**Get and use a sponsor**  
**Use the PHONE**

**KEEP COMING BACK. IT WORKS**

### What is our message?

**The message is that an addict,  
 any addict, can stop using drugs,  
 lose the desire to use,  
 and find a new way to live.  
 Our message is hope  
 and the promise of freedom.**