

EDMUNSTON, NB

Sun 7:30PM 1.5HR Poppy's Group, 26 37eme Ave, Edmunston, NB, E3V2W6 **(BL,D)**
Wed 7:30PM 1.5HR Poppy's Group, 26 37eme Ave, Edmunston, NB, E3V2W6 **(BL,D)**

EEL GROUND, NB

Thu 7:30PM 1HR Eel Ground Meeting, 36 Mic Mac Road, Eel Ground, NB, e1v4b1 **(BT)**

FREDERICTON, NB

Sun 7:00PM 1.5HR Living in the Miracle, Parking only on opposite side of road., 168 Chrch Street, Fredericton, NB, E3B 4C9 **(O,BT)**
Mon 7:00PM 1.5HR Free Spirit Group, Wilmot United Church, Carlton Street Door. Must wear a mask when travelling to the meeting space., 473 King Street, Fredericton, NB, E3B 1E5 **(O,RF,LC)**
Tue 7:00PM 1.25HR Living Free, Victoria Health Center, 65 Brunswick Street, Fredericton, NB, E3B1G5 **(SPAD)**
Wed 7:00PM 1.5HR Free Spirit Group, Wilmot United Church, Carlton Street Door., 473 King Street, Fredericton, NB, E3B 1E5 **(O,JT)**
Fri 7:00PM 1.5HR Living in the Miracle, 168 Chrch Street, Fredericton, NB, E3B 4C9 **(O,IW)**
Sat 7:00PM 1.25HR Living Free, Victoria Health Center, 65 Brunswick Street, Fredericton, NB, E3B1G5 **(SPAD)**

MONCTON, NB

Sun 7:00PM 1HR Unity Is the Key, 105 Elmwood St, Moncton, NB, E1C 4Z3 **(D,JT)**
Tue 7:00PM 1HR Unity Is the Key, St. George Anglican Church, Use the intercom on the Church St., office door, 51 Church Street, Moncton, NB, E1C 4Z3 **(D,JT)**
Thu 7:00PM 1HR Unity Is the Key, St. George Anglican Church, Use the intercom on the Church St., office door, 51 Church Street, Moncton, NB, E1C 4Z3 **(D,JT)**

ROTHESAY, NB

Sat 7:00PM 1.25HR Nature of Recovery, St. Paul's Church Hall, Next to the post office (enter, turn left, downstairs - turn left -straight ahead), 4 Church Ave, Rothesay, NB, E2E 5G4 **(O,CL,RF,ENG,COVID)**

SAINT JOHN, NB

Mon 7:00PM 1.25HR Clean and Serene, Grace Presbyterian Church, Enter from back door on Hazen Street - Look for the NA sign, 101 Coburg Street, Saint John, NB, E2L 3J8 **(O,St)**
Wed 7:00PM 1.25HR Clean and Serene, Grace Presbyterian Church, Entrance from back dorr on Hazen Street, Look for NA sign, 101 Coburg Street, Saint John, NB, E2L 3J8 **(O,To)**
Fri 7:00PM 1.25HR Freedom Group, St Mary and Saint Bartholomew Anglican Church, use the side entrance, 646 westmoreland road, Saint John, NB, **(O,St,BK)**

MEETING FORMAT LEGEND

BK	Book Study	BL	Bi-Lingual
BT	Basic Text	CL	Candlelight
COVID	Covid Protocols	D	Discussion
ENG	English speaking	IW	It Works -How and Why
JT	Just for Today	LC	Living Clean
O	Open	RF	Rotating Format
SPAD	A Spiritual Principle a Day	St	Step
To	Topic		

PHONE NUMBERS

Narcotics Anonymous New Brunswick

OCTOBER 2024

Recovery Meeting Information

1 800 (NAWAY) 564 0228

<https://nanbasc.com>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**