

**EDMUNSTON, NB**

**Sun 7:30PM 1.5HR Poppy's Group**, 26 37eme Ave, Edmunston, NB, E3V2W6 **(BL,D)**

**Wed 7:30PM 1.5HR Poppy's Group**, 26 37eme Ave, Edmunston, NB, E3V2W6 **(BL,D)**

**EEL GROUND, NB**

**Thu 7:30PM 1HR Eel Ground Meeting**, 36 Mic Mac Road, Eel Ground, NB, e1v4b1 **(BT)**

**FREDERICTON, NB**

**Sun 7:00PM 1.5HR Living in the Miracle**, Parking only on opposite side of road., 168 Church Street, Fredericton, NB, E3B 4C9 **(O,BT)**

**Mon 7:00PM 1.5HR Free Spirit Group**, Wilmot United Church, Carlton Street Door., 473 King Street, Fredericton, NB, E3B 1E5 **(O,RF,LC)**

**Tue 7:00PM 1.25HR Living Free**, Victoria Health Center, 65 Brunswick Street, Fredericton, NB, E3B1G5 **(SPAD)**

**Wed 7:00PM 1.5HR Free Spirit Group**, Wilmot United Church, Carlton Street Door., 473 King Street, Fredericton, NB, E3B 1E5 **(O,JT)**

**Fri 7:00PM 1.5HR Living in the Miracle**, 168 Chrch Street, Fredericton, NB, E3B 4C9 **(O,IW)**

**Sat 7:00PM 1.25HR Living Free**, Victoria Health Center, 65 Brunswick Street, Fredericton, NB, E3B1G5 **(SPAD)**

**MONCTON, NB**

**Sun 7:00PM 1HR Unity Is the Key**, 105 Elmwood St, Moncton, NB, E1C 4Z3 **(D,JT)**

**Tue 7:00PM 1HR Unity Is the Key**, St. George Anglican Church, Use the intercom on the Church St., office door, 51 Church Street, Moncton, NB, E1C 4Z3 **(D,JT)**

**Thu 7:00PM 1HR Unity Is the Key**, St. George Anglican Church, Use the intercom on the Church St., office door, 51 Church Street, Moncton, NB, E1C 4Z3 **(D,JT)**

**ROTHESAY, NB**

**Sat 7:00PM 1.25HR Nature of Recovery**, St. Paul's Church Hall, Next to the post office (enter, turn left, downstairs - turn left -straight ahead), 4 Church Ave, Rothesay, NB, E2E 5G4 **(O,CL,RF,ENG,COVID)**

**SAINT JOHN, NB**

**Mon 7:00PM 1.25HR Clean and Serene**, Grace Presbyterian Church, Enter from back door on Hazen Street - Look for the NA sign, 101 Coburg Street, Saint John, NB, E2L 3J8 **(O,St)**

**Wed 7:00PM 1.25HR Clean and Serene**, Grace Presbyterian Church, Entrance from back dorr on Hazen Street, Look for NA sign, 101 Coburg Street, Saint John, NB, E2L 3J8 **(O,To)**

**Fri 7:00PM 1.25HR Freedom Group**, St Mary and Saint Bartholomew Anglican Church, use the side entrance, 646 westmoreland road, Saint John, NB, **(O,St,BK)**

**TRACADIE-SHEILA, NB**

**Sat 7:30PM 1.5HR Samedi D'Et're Clean**, Centre C.A.J., 604 rue riviè're de la truite, Tracadie-Sheila, NB, E1X1A7 **(O,BL,St)**

**CARBONEAR, NL**

**Fri 7:00PM 1HR Hope & Peace Group**, U-Turn Centre, Discussion/Participation; Open/Discussion last Friday of the Month, 19 Industrial Crescent, Carbonear, NL, A1Y 1A6 **(C,O,D,To,WC)**

**CLARENVILLE, NL**

**Tue 6:30PM 1HR Clean & Serene Group**, The Ranch Hub, 8B Thompson Street, Clarenville, NL, A5A 1Y9 **(C,D,To)**

**Sat 6:30PM 1HR Clean and Serene**, The Reach Hub, 8B Thompson Street, Clarenville, NL, A5A 1Y9 **(O,D,To)**

**CORNER BROOK, NL**

**Mon 7:30PM 1HR Hope and Recovery Group**, Summit Place, Summit Place - The building itself has several apartments, the location is in the Summit Place office, which is the furthest door to the left., 112 Premier Drive, Corner Brook, NL, A2H 1R7 **(O,D,WC,HY)**

**Thu 7:30PM 1HR Hope and Recovery Group**, Summit Place, Summit Place - The building itself has several apartments, the location is in the Summit Place office, which is the furthest door to the left., 112 Premier Drive, Corner Brook, NL, A2H 1R7 **(O,D,WC,HY)**

**GANDER, NL**

**Thu 7:00PM 1HR New Beginnings**, Evangel Church, 130 Magee Rd, Gander, NL, A1V 2R3 **(O,D,To)**

**GOOSE BAY, NL**

**Wed 6:30PM 1HR Hope and Peace Group**, Goose Bay Labrador, Bethel Pentecostal Church, 250 Hamilton River Road, Goose Bay, NL, A0P 1E0 **(D,To,WC)**

**LABRADOR CITY, NL**

**Tue 8:00PM 1HR Labrador West Clean and Serene**, Labrador City Health Center, Conference room A - Across from Mental Health, 1700 Nichols-Adam Highway, Labrador City, NL, A2V 0B2 **(O,D,To,WC)**

**LEWISPORTE, NL**

**Mon 7:00PM 1HR Recovery Group**, Philadelphia Pentecostal Tabernacle, Enter through side entrance, 362 Main Street, Lewisporte, NL, **(C,D,WC)**

**NL (CONT)****ST. JOHN'S, NL**

**Sun 8:00PM 1HR Brothers and Sisters of NA**, Zoom Platform Meeting ID: 86188803002, St. John's, NL, **(O,D,To,WEB,VM)**

**Sun 8:00PM 1HR New Awakenings**, The Lantern, 35 Barnes Road, St. John's, NL, A1C 3X1 **(O,D,To,WC)**

**Mon 00ON 1HR Shelter from the Storm**, Church of the Good Samaritan, 10 St. Clare's Ave., St. John's, NL, A1C 5B8 **(O,D,WC)**

**Mon 8:00PM 1.5HR Hope Group**, Ches Penney Centre of Hope, 18 Springdale Street, St. John's, NL, A1C 0A4 **(O,D,To,WC)**

**Mon 8:00PM 1HR Hope Group**, St. John's, Zoom Platform: Meeting ID 112835261, St. John's, NL, **(O,D,To,ENG,WEB,LC,VM)**

**Tue 7:30PM 1HR New Awakenings**, The Lantern, 35 Barnes Road, St. John's, NL, A1C 3X1 **(O,D,To,WC)**

**Tue 8:00PM 1HR Brothers and Sisters of NA**, Zoom Platform Meeting ID: 86188803002, St. John's, NL, **(O,D,To,WEB,VM)**

**Wed 8:00PM 1HR Hope Group**, Ches Penney Centre of Hope, 18 Springdale Street, St. John's, NL, A1E 2R1 **(O,D,To,WC)**

**Wed 8:00PM 1HR Hope Group**, Zoom Platform Meeting ID: 696939989, St. John's, NL, **(O,D,To,WEB,VM)**

**Thu 7:00PM 1HR Open Minded Group**, Cornerstone Ministries, 13 Ricketts Road, St. John's, NL, A1C 2J6 **(O,D,To,WC,CW)**

**Thu 8:00PM 1HR Just for Today Group**, First Thursday of each month is a Step Meeting. Third Meeting of each month is a Tradition Meeting. Zoom Platform Meeting ID: 82831308286 password jft2021, St. John's, NL, **(O,D,St,To,Tr,WEB,VM)**

**Fri 00ON 1HR Shelter from the Storm**, Marguerite's Place, Women's and Non-Binary, 170 Cashin Ave., St. John's, NL, A1E 3B6 **(O,D,WC)**

**Fri 8:00PM 1HR Hope Group**, Book Study, Zoom Platform Meeting ID: 696939989, St. John's, NL, **(O,To,BK,WEB,VM)**

**Fri 8:00PM 1HR New Awakenings**, The Lantern, 35 Barnes Road, St. John's, NL, A1C 3X1 **(C,D,To,WC)**

**Sat 11:00AM 1HR Just for Today Group**, Zoom Platform ID: 82831308286; password: jft2021, St. John's, NL, **(O,D,To,WEB,VM)**

**Sat 1:30PM 1HR Just For Today**, Cornerstone Ministries, 13 Ricketts Road, St. John's, NL, A1E 0A5 **(O,D,To,WC,CW)**

**Sat 8:00PM 1HR Brothers and Sisters of NA**, Zoom Platform Meeting ID: 86188803002, St. John's, NL, **(O,D,To,WEB,VM)**

**AMHERST, NS**

**Mon 7:00PM 1HR Hope Group**, Anglican Parish Church Hall, 5 Lawrence St, Amherst, NS, B3H 3G5 **(O,D,WC)**

**BRIDGETOWN, NS**

**Sun 7:30PM 1HR Freedom Group**, St. James Anglican Church, 289 Grandville Street, Bridgetown, NS, B0S 1C0 **(O,D)**

**BRIDGEWATER, NS**

**Thu 7:30PM 1HR Living Clean**, Holy Trinity Anglican Church Hall, 78 Alexandria Avenue, Bridgewater, NS, B4V 1H1 **(C,WC)**

**CAPE BRETON, NS**

**Mon 7:00PM 1HR Cape Breton IP Group**, Cape Breton, NS, **(D,IP,VM)**

**Tue 7:00PM 1HR CB Spin The Wheel Group**, Cape Breton, NS, **(D,VM)**

**Thu 7:00PM 1HR Cape Breton IP Group**, Cape Breton, NS, **(D,IP,VM)**

**DARTMOUTH, NS**

**Sun 7:30PM 1HR Strength In Numbers**, St. James Church Basement, Entrance at left front of church, 181 Portland Street, Dartmouth, NS, B2Y 1J5 **(O,To,WC)**

**Mon 7:30PM 1HR Sharing the Message**, Regal Road Baptist Church, 6 Regal Road, Dartmouth, NS, B2W 4Z7 **(O,D,WC)**

**Wed 7:00PM 1HR Serenity Seekers**, Ferrell Hall, 276 Windmill Road, Dartmouth, NS, B3A 1G8 **(O,D,WC)** *First Wednesday of the month meeting splits in two*

**Fri 7:30PM 1HR You Have A Choice Today Group**, Saint James Church Basement, Entrance at left front of church, 181 Portland Street, Dartmouth, NS, B2Y 2X3 **(O,St)**

**ELMSDALE, NS**

**Wed 7:30PM 1HR NA Lengths**, River View United Church, 760 Highway #2, Elmsdale, NS, B2S 1G3 **(O,D,WC)** *1st Wednesday of month is a rotating format: AB, SD, To...etc*

**ESKASONI, NS**

**Thu 8:00PM 1HR Circle of Hope**, Nepesi Building, 72 Gabriel Street, Eskasoni, NS, B1W 1B4 **(O,CS,To,WC)**

**GLACE BAY, NS**

**Sat 7:00PM 1HR You're Not Alone Group**, Alano Club, 10 Mckeen Street, Glace Bay, NS, B1A 2L8 **(C,WC)**

**HALIFAX, NS**

**Sun 1:00PM 1HR Nothing To Fear**, All Nations Church, Entrance at rear of church, 2535 Robie Street, Halifax, NS, B3K 4N3 **(O,To,WC)**

**NS (CONT)**

**Sun 7:30PM 1HR 90 in 90**, Halifax, NS, **(O,To,VM)**

**Mon 00ON 1HR We Do Recover**, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To)**

**Mon 7:30PM 1HR Liberation Group**, Saint Catherine's Church, 6476 Bayers Road, Halifax, NS, B3L 2B1 **(O,BT,To)** *Meeting will not meet on Sept 23rd - Due to Church function*

**Mon 7:30PM 1HR Shelter From the Storm**, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To)**

**Tue 7:00PM 1HR Pride in Our Recovery Group**, Halifax, NS, B3K 3B7 **(O,GL,To,VM,LGBTQ+)**

**Tue 7:30PM 1HR Nature of Recovery Group**, Emmanuel Church, 322 Herring Cove Rd, Halifax, NS, B3R 1V4 **(O,BT,BK)**

**Wed 00ON 1HR We Do Recover**, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To)**

**Wed 7:30PM 1HR Breaking Free Group**, Emmanuel Church, 322 Herring Cove Road, Halifax, NS, B3R 1V4 **(O,D,To,WC)**

**Thu 7:00PM 1HR I Can't We Can Group**, All Nations Church, Entrance at rear of church, 2535 Robie Street, Halifax, NS, B3K 4N3 **(C,D,WC)**

**Fri 00ON 1HR We Do Recover**, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To,LC)**

**Fri 8:00PM 1HR Starting Point Group**, Fairview United Church, 3524 Dutch Village Road, Halifax, NS, B3N 2S1 **(O,To,WEB)**

**Sat 11:30AM 1HR Just for Today Group**, Evangelical Lutheran Church of the Resurrection, Entrance on Allen Street, 2096 Windsor Street, Halifax, NS, B3K 5B1 **(C,RF,WC)**

**Sat 8:00PM 1HR Last Chance Group**, Calvin Presbyterian Church, 3311 Ashburn Ave., Halifax, NS, B3L 4C3 **(O,To,WC)**

**KENTVILLE, NS**

**Fri 8:00PM 1.25HR Boomerang Group**, Kentville, NS, B4N 1K6 **(O,LC,VM)**

**MUSQUODOBOIT HARBOUR, NS**

**Tue 7:30PM 1HR Progress Not Perfection**, Old School Community Gathering Place, 7962 Nova Scotia Trunk 7, Musquodoboit Harbour, NS, B0J 2L0 **(O,D)**

**NEW GLASGOW, NS**

**Sun 7:00PM 1HR Taking Care of Business**, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, **(O,BT)**

**Tue 8:30PM 1HR Taking Care of Business**, New Glasgow, NS, **(O,BT,BK,VM)**

**Thu 7:00PM 1HR Taking Care of Business**, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, **(O,BT)**

**Sat 7:00PM 1HR Taking Care of Business**, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, **(O,BT)**

**NEW MINAS, NS**

**Sat 8:00PM 1HR Orchard Valley Group**, Orchard Valley United Church, 130 Cornwallis Ave, New Minas, NS, B3N 3M7 **(O,D,To)**

**NORTH KINGSTON, NS**

**Thu 7:00PM 1HR Phoenix Group**, Multi-Addiction Centre, 2080 Bishop Mountain Road, North Kingston, NS, B0P 1R0 **(O,D,WC)**

**PORT HAWKESBURY, NS**

**Mon 7:00PM 1HR Clean and Strait Group**, Knights of Columbus, 138 Granville St., Port Hawkesbury, NS, B9A 2G1 **(O,D,WC)**

**SACKVILLE, NS**

**Sun 7:00PM 1HR Survivors**, Knox United Church, Park at front, Entrance on front left side of church, 567 Sackville Drive, Sackville, NS, B4C 2S4 **(O,D,To,WC)**

**Tue 7:00PM 1HR Survivors**, Knox United Church, Park at front Entrance at front left side of church, 567 Sackville Drive, Sackville, NS, B4C 2S4 **(O,D,To,WC)**

**Thu 7:00PM 1HR Survivors**, Knox United Church, Park at front Entrance at front left side of church, 567 Sackville Drive, Sackville, NS, B4C 2S4 **(O,BT,D,To,WC)**

**SHEET HARBOUR, NS**

**Fri 7:30PM 1HR Sheet Harbour Group**, Eastern Shore Memorial Hosptial, 22637 Nova Scotia Trunk 7, Sheet Harbour, NS, B0J 3B0 **(O,D,WC)** *Meeting held in the old boardroom*

**SPRINGHILL, NS**

**Sun 7:30PM 1HR Foundation Group**, Miners Hall, Use side entrance, 85 Main Street, Springhill, NS, B0M1X0 **(O,D)**

**SYDNEY, NS**

**Sun 7:00PM 1HR Phoenix**, United Baptist Church, Rear Entrance, 500 Charlotte Street, Sydney, NS, B1P 1E7 **(C,D,WEB)**

**Fri 7:00PM 1HR Phoenix**, United Baptist Church, Rear Entrance, 500 Charlotte Street, Sydney, NS, B1P 1E7 **(C,D,WEB)**

**SYDNEY MINES, NS**

**Wed 8:00PM 1HR Love Life Group**, Northside Learning Centre, 55 King Street, Sydney Mines, NS, B1V 1L7 **(O,D,WC,HY)**

**NS (CONT)****TRURO, NS****Sun 8:00PM 1HR New Vision Group**, St. Andrew's Church, 55 King St., Truro, NS, B2N 3K8 **(O,D,WC)****WINDSOR, NS****Thu 7:00PM 1HR Hope for Today**, Hants Community Hospital, Room 1B, 89 Payzant Dr, Windsor, NS, B0N2T0 **(C,D,To,WC)****ALBERTON, PE****Tue 7:00PM 1HR Ties That Bind**, Sacred Heart Catholic Parish Church, \*except first Tuesday of the month, 341 Main St, Alberton, PE, C0B 1B0 **(O,SD,WC)****CHARLOTTETOWN, PE****Mon 8:00PM 1HR Steps To Freedom**, Kirk of St. James Church, Pownal Street Entrance - Side Door, 35 Fitzroy Street, Charlottetown, PE, C1A 1R2 **(O,SD,St,To)****Tue 7:00PM 1HR True Colours Recovery**, Canadian Mental Health Building, 203 Fitzroy Street, Charlottetown, PE, C1A 1S1 **(C,D,WC,LGBTQ+)****Wed 8:00PM 1HR Steps To Freedom**, Kirk of St. James Church, Pownal Street Entrance - Side Door, 35 Fitzroy Street, Charlottetown, PE, C1A 1R2 **(C,D,JT,To)****Fri 8:00PM 1HR Steps To Freedom**, Kirk of St. James Church, Pownal Street Entrance - Side Door, 35 Fitzroy Street, Charlottetown, PE, C1A 1R2 **(C,D,To)****Sat 7:00PM 1HR Recovery How and Why**, Canadian Mental Health Building, 178 Fitzroy Street, Charlottetown, PE, C1A 1S1 **(O,St,Tr,WC)****MONTAGUE, PE****Thu 8:00PM 1HR In the Solution Group**, Hillcrest United Church, Back Door, 50 Wood Islands Hill, Montague, PE, C0A 1R0 **(O,BT,D,JT)****SUMMERSIDE, PE****Sun 7:00PM 1HR Clean & Straight Group**, St. Paul's Church, Corner of Central St. - Back Door, 289 Winter Street, Summerside, PE, C1N 1N4 **(O,BT,D,To,WC)****Thu 7:00PM 1HR Clean & Straight Group**, St. Paul's Church, Corner of Central St. - Back Door, 289 Winter Street, Summerside, PE, C1N 1N4 **(C,BT,D,WC)****MEETING FORMAT LEGEND**

BK	Book Study	BL	Bi-Lingual
BT	Basic Text	C	Closed
CL	Candlelight	COVID	Covid Protocols
CS	Children under Supervision	CW	Children Welcome
D	Discussion	ENG	English speaking
GL	Gay/Lesbian/Transgender	HY	HY
IP	Informational Pamphlet	IW	It Works -How and Why
JT	Just for Today	LC	Living Clean
LGBTQ+ LGBTQ+		O	Open
RF	Rotating Format	SD	Speaker/Discussion
SPAD	A Spiritual Principle a Day	St	Step
To	Topic	Tr	Tradition
VM	Virtual Meeting	WC	Wheelchair
WEB	Online Meeting		

**HELPLINES**

Nova Scotia 1.902.789.8323

**PHONE NUMBERS****CANADA ATLANTIC REGION****NOVEMBER 2024****Recovery Meeting Information**

1 800 (NAWAY) 564 0228

<https://carna.ca>**SUGGESTIONS FOR EVERYONE**

**DON'T USE** no matter what  
**Ask your Higher Power** to keep you clean  
**Come early and stay late**  
**Get a home group**  
**Go to 90 meetings in 90 days**  
**Read NA literature daily**  
**Get and use a sponsor**  
**Use the PHONE**

**KEEP COMING BACK. IT WORKS****What is our message?**

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**

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