EEL RIVER BAR, NB

Thu 7:30PM 1HR Eel Ground, Natoaganeg Health & Wellness Centre, 36 Micmac Road, Eel River Bar, NB, E1V4B1 **(O)**

FREDERICTON, NB

Sun 7:00PM 1.5HR Living in the Miracle, 536 Northumberland Street, Fredericton, NB, E3B 3K8 **(O,BT)**

Mon 7:00PM 1.5HR Free Spirit Group, Wilmot United Church, Carlton Street Door., 473 King Street, Fredericton, NB, E3B 1E5 **(O,RF,LC)**

Tue 7:00PM 1.25HR Living Free, Victoria Health Center, 65 Brunswick Street, Fredericton, NB, E3B1G5 **(SPAD)**

Wed 7:00PM 1.5HR Free Spirit, use Carleton Street Door, 473 King Street, Fredericton, NB,

Thu 7:00PM 1.5HR Living in the Miracle, 536 Northumberland Street, Fredericton, NB, E3B 3K8 **(O,IW)**

Fri 7:00PM 1.25HR Living Free, Victoria Health Center, 65 Brunswick Street, Fredericton, NB, E3B1G5 **(Rr)**

Sat 7:00PM 1.25HR Living Free, Victoria Health Center, 65 Brunswick Street, Fredericton, NB, E3B1G5 **(BT)**

MONCTON, NB

Tue 7:00PM 1HR Unity is The Key, Mountain View United Church, 85 Macbeth, Moncton, NB, **(O,D,To,ENG)**

Thu 7:00PM 1HR Unity Is the Key, Mountain View United Church, 85 Macbeth, Moncton, NB, **(D,JT,ENG)**

ROTHESAY, NB

Sat 7:00PM 1.25HR Nature of Recovery, St. Paul's Church Hall, Next to the post office (enter, turn left, downstairs - turn left -straight ahead) 4 Church Ave, Rothesay, NB, E2E 5G4 **(O,CL,RF,ENG)**

SAINT JOHN, NB

Mon 7:00PM 1.25HR Clean and Serene, Grace Presbyterian Church, Enter from back door on Hazen Street - Look for the NA sign, 101 Coburg Street, Saint John, NB, E2L 3J8 **(O,St)**

Wed 7:00PM 1.25HR Clean and Serene, Grace Presbyterian Chruch, Entrance from back dorr on Hazen Street, Look for NA sign, 101 Coburg Street, Saint John, NB, E2L 3J8 **(O,To)**

Fri 7:00PM 1.25HR Freedom Group, St Mary and Saint Bartholomew Anglican Church, use the side entrance, 646 westmoreland road, Saint John, NB, **(O,St,BK)**

TRACADIE-SHEILA, NB

Sat 7:30PM 1.5HR Samedi D'Etre Clean, Centre C.A.J., 604 rue rivière de la truite, Tracadie-Sheila, NB, E1X1A7 **(O,BL,St)**

CARBONEAR, NL

Fri 7:00PM 1HR Hope & Peace Group, U-Turn Centre, Discussion/Participation; Open/Discussion last Friday of the Month, 19 Industrial Crescent, Carbonear, NL, A1Y 1A6 **(C,O,D,To,WC)**

CLARENVILLE, NL

Tue 6:30PM 1HR Clean & Serene Group, The Ranch Hub, 8B Thompson Street, Clarenville, NL, A5A 1Y9 **(C,D,To)**

Sat 6:30PM 1HR Clean and Serene, The Reach Hub, 8B Thompson Street, Clarenville, NL, A5A 1Y9 **(O,D,To)**

CORNER BROOK, NL

Mon 7:30PM 1HR Hope and Recovery Group, Summit Place, Summit Place - The building itself has several apartments, the location is in the Summit Place office, which is the furthest door to the left., 112 Premier Drive, Corner Brook, NL, A2H 1R7 **(O,D,WC,HY)**

Thu 7:30PM 1HR Hope and Recovery Group, Summit Place, Summit Place - The building itself has several apartments, the location is in the Summit Place office, which is the furthest door to the left., 112 Premier Drive, Corner Brook, NL, A2H 1R7 **(O,D,WC,HY)**

GANDER, NL

Thu 7:00PM 1HR New Beginnings, Evangel Church, 130 Magee Rd, Gander, NL, A1V 2R3 **(O,D,To)**

GOOSE BAY, NL

Wed 6:30PM 1HR Hope and Peace Group, Goose Bay Labrador, Bethel Pentecostal Church, 250 Hamilton River Road, Goose Bay, NL, A0P 1E0 **(D,To,WC)**

LABRADOR CITY, NL

Tue 7:00PM 1HR Labrador West Clean & Serene, Labrador West Health Center - Conference Room 3 in the mental health department, 1700 Nichols-Adam Highway, Labrador City, NL, A2V 0B2 **(O,D,To,WC)**

Tue 8:00PM 1HR Labrador West Clean and Serene, Labrador City Health Center, Conference room A - Across from Mental Health, 1700 Nichols-Adam Highway, Labrador City, NL, A2V 0B2 **(O,D,To,WC)**

Sat 8:00PM 1HR Labrador West Clean & Serene, Labrador West Health Center - Conference Room 3 in the mental health department, 1700 Nichols-Adam Highway, Labrador City, NL, A2V 0B2 **(O,D,To,WC)**

LEWISPORTE, NL

Mon 7:00PM 1HR Recovery Group, Philadelphia Pentecostal Tabernacle, Enter through side entrance, 362 Main Street, Lewisporte, NL, **(C,D,WC)**

ST. JOHN'S, NL

Sun 8:00PM 1HR Brothers and Sisters of NA, Zoom Platform Meeting ID: 86188803002, St. John's, NL, **(O,D,To,WEB,VM)**

Sun 8:00PM 1HR New Awakenings, The Lantern, 35 Barnes Road, St. John's, NL, A1C 3X1 **(O,D,To,WC)**

Mon NOON 1HR Shelter from the Storm, Church of the Good Samaritan, 10 St. Clare's Ave., St. John's, NL, A1C 5B8 **(O,D,WC)**

Mon 8:00PM 1.5HR Hope Group, Ches Penney Centre of Hope, 18 Springdale Street, St. John's, NL, A1C 0A4 **(O,D,To,WC)**

Mon 8:00PM 1HR Hope Group, St. John's, Zoom Platform: Meeting ID 112835261, St. John's, NL, **(O,D,To,ENG,WEB,LC,VM)**

Tue 7:30PM 1HR New Awakenings, The Lantern, 35 Barnes Road, St. John's, NL, A1C 3X1 **(O,D,To,WC)**

Tue 8:00PM 1HR Brothers and Sisters of NA, Zoom Platform Meeting ID: 86188803002, St. John's, NL, **(O,D,To,WEB,VM)**

Wed 8:00PM 1HR Hope Group, Ches Penney Centre of Hope, 18 Springdale Street, St. John's, NL, A1E 2R1 **(O,D,To,WC)**

Wed 8:00PM 1HR Hope Group, Zoom Platform Meeting ID: 696939989, St. John's, NL, **(O,D,To,WEB,VM)**

Thu 7:00PM 1HR Open Minded Group, Cornerstone Ministries, 13 Ricketts Road, St. John's, NL, A1C 2J6 **(O,D,To,WC,CW)**

Thu 8:00PM 1HR Just for Today Group, First Thursday of each month is a Step Meeting. Third Meeting of each month is a Tradition Meeting. Zoom Platform Meeting ID: 82831308286 password jft2021, St. John's, NL, **(O,D,To,WEB,VM)**

Fri NOON 1HR Shelter from the Storm, Marguerite's Place, Women's and Non-Binary, 170 Cashin Ave., St. John's, NL, A1E 3B6 **(O,D,WC)**

Fri 8:00PM 1HR Hope Group, Book Study, Zoom Platform Meeting ID: 696939989, St. John's, NL, **(O,To,BK,WEB,VM)**

Fri 8:00PM 1HR New Awakenings, The Lantern, 35 Barnes Road, St. John's, NL, A1C 3X1 **(C,D,To,WC)**

Sat 1:30PM 1HR Just For Today, Cornerstone Ministries, 13 Ricketts Road, St. John's, NL, A1E 0A5 **(O,D,To,WC,CW)**

Sat 8:00PM 1HR Brothers and Sisters of NA, Zoom Platform Meeting ID: 86188803002, St. John's, NL, **(O,D,To,WEB,VM)**

SYDNEY, NO DATA

Mon 1:30PM 1.5HR Her Reclaimed Recovery, Elizabeth Fry Society, Women Only, 235 Townsend Street, Sydney, B1P 5E7 **(To,W)** *Women Only*

AMHERST, NS

Mon 7:00PM 1HR Hope Group, Anglican Parish Church Hall, 5 Lawrence St, Amherst, NS, B3H 3G5 **(O,D,WC)**

ANTIGONISH, NS

Wed 7:00PM 1HR Recovery Crew, 310 Main Street, Antigonish, NS, **(O,D,WC)** *Behind Circle K, Driveway to the side of Service Station*

Fri 7:00PM 1HR Recovery Crew, 310 Main Street, Antigonish, NS, **(O,D,WC)** *Behind Circle K, Driveway to the side of Service Station*

BRIDGETOWN, NS

Sun 7:30PM 1HR Freedom Group, St. James Anglican Church, 289 Grandvillle Street, Bridgetown, NS, B0S 1C0 **(O,D)**

CAPE BRETON, NS

Mon 7:00PM 1HR Cape Breton IP Group, Cape Breton, NS, **(D,IP,VM)**

Thu 7:00PM 1HR Cape Breton IP Group, Cape Breton, NS, **(D,IP,VM)**

DARTMOUTH, NS

Sun 7:30PM 1HR Strength In Numbers, St. James Church Basement, Entrance at left front of church, 181 Portland Street, Dartmouth, NS, B2Y 1J5 **(O,To,WC)**

Mon 7:30PM 1HR Sharing the Message, Regal Road Baptist Church, 6 Regal Road, Dartmouth, NS, B2W 4Z7 **(O,D,WC)**

Wed 7:00PM 1HR Serenity Seekers, 152 Windmill Road, Dartmouth, NS, B3A 1G8 **(O,D,WC)** *Meeting has a rotating Format, with a different Format each Wed. of the month*

Fri 7:30PM 1HR You Have A Choice Today Group, Saint James Church Basement, Entrance at left front of church, 181 Portland Street, Dartmouth, NS, B2Y 2X3 **(O,St)**

ELMSDALE, NS

Thu 7:30PM 1HR NA Lengths, River View United Church, Elevator is not work at this moment, 760 Highway #2, Elmsdale, NS, B2S 1G3 **(O,D,WC)** *1st Wednesday of month is a rotating format: AB, SD, To...etc*

GLACE BAY, NS

Sat 7:00PM 1HR You're Not Alone Group, Alano Club, 10 Mckeen Street, Glace Bay, NS, B1A 2L8 **(C,D,WC)**

HALIFAX, NS

Sun 1:00PM 1HR Nothing To Fear, All Nations Church, Entrance at rear of church, 2535 Robie Street, Halifax, NS, B3K 4N3 **(O,To)**

Sun 7:30PM 1HR 90 in 90, Halifax, NS, **(O,To,VM)**

Mon NOON 1HR We Do Recover, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To)**

Mon 7:30PM 1HR Liberation Group, Saint Catherine's Church, 6476 Bayers Road, Halifax, NS, B3L 2B1 **(O,BT,To)** *Meeting will not meet on Sept 23rd - Due to Church function*

Mon 7:30PM 1HR Shelter From the Storm, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To)**

Tue 7:00PM 1HR Pride in Our Recovery Group, Halifax, NS, B3K 3B7 **(O,GL,To,VM,LGBTQ+)**

Tue 7:30PM 1HR Nature of Recovery Group, Emmanuel Church, 322 Herring Cove Rd, Halifax, NS, B3R 1V4 **(O,BT,BK)**

Wed NOON 1HR We Do Recover, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To)**

Wed 7:30PM 1HR Breaking Free Group, Emmanual Church, 322 Herring Cove Road, Halifax, NS, B3R 1V4 **(O,D,To,WC)**

Thu 7:00PM 1HR I Can't We Can Group, Evangelical Lutheran Church of the Resurrection, Entrance on Allen Street, 2096 Windsor Street, Halifax, NS, B3K 5B1 **(C,D,WC)**

Fri NOON 1HR We Do Recover, Saint George's Round Church Hall, Park at back, enter from Nora Bernard St, 5429 Nora Bernard St., Halifax, NS, B3K 1A8 **(O,To,LC)**

Fri 8:00PM 1HR Starting Point Group, 3311 Ashburn Ave, Halifax, NS, B3N 2S1 **(O,To,WC)**

Sat 10:00AM 1HR Guiding Principles, Evangelical Lutheran Church of the Resurection, 2096 Windsor Street, Halifax, NS, **(O,WC,BK)** *Entrance on Allen St*

Sat 11:30AM 1HR Just for Today Group, Evangelical Lutheran Church of the Resurrection, Entrance on Allen Street, 2096 Windsor Street, Halifax, NS, B3K 5B1 **(C,RF,WC)**

Sat 8:00PM 1HR Last Chance Group, Calvin Presbyterian Church, 3311 Ashburn Ave., Halifax, NS, B3L 4C3 **(O,D,To,WC)**

KENTVILLE, NS

Fri 8:00PM 1.25HR Boomerang Group, Kentville, NS, **(O,LC,VM)**

MEMBERTOU, NS

Tue 8:00PM 1HR Candle Light, Across from the Police Station, 3 Kateri Street, Membertou, NS, **(C,D)** *Across from the Police Station*

Thu 7:30PM 1HR Candle Light, Across from the Police Station, 3 Kateri Street, Membertou, NS, **(C,D)** *Across from the Police Station*

NEW GLASGOW, NS

Sun 7:00PM 1HR Taking Care of Business, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, **(O,BT)**

Thu 7:00PM 1HR Taking Care of Business, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, **(O,BT)**

Sat 7:00PM 1HR Taking Care of Business, St. Andrew's Church The Kirk, Entrance at basement door, 37 Mountian Rd, New Glasgow, NS, **(O,BT)**

NEW MINAS, NS

Sat 8:00PM 1HR Orchard Valley Group, Orchard Valley United Church, 130 Cornwallis Ave, New Minas, NS, B3N 3M7 **(O,D,To)**

NORTH KINGSTON, NS

Thu 8:00PM 1HR Phoenix Group, Multi-Addiction Centre, 2080 Bishop Mountain Road, North Kingston, NS, B0P 1R0 **(O,D,WC)**

PORTERS LAKE, NS

Tue 7:30PM 1HR Progress Not Perfection, Foundation United Baptist Church, 4300 Highway #7, Porters Lake, NS, B0J 2L0 **(O,D)**

PORT HAWKESBURY, NS

Mon 7:00PM 1HR Clean and Strait Group, Knights of Columbus, 138 Granville St., Port Hawkesbury, NS, B9A 2G1 **(O,D,WC)**

SACKVILLE, NS

Sun 7:00PM 1HR Survivors, Knox United Church, Park at front, Entrance on front left side of church, 567 Sackvile Drive, Sackville, NS, B4C 2S4 **(O,D,To,WC)**

Tue 7:00PM 1HR Survivors, Knox United Church, Park at front, Entrance at front left side of church, 567 Sackvile Drive, Sackville, NS, B4C 2S4 **(O,D,To,WC)**

Thu 7:00PM 1HR Survivors, Knox United Church, Park at front, Entrance at front left side of church, 567 Sackvile Drive, Sackville, NS, B4C 2S4 **(O,BT,D,To,WC)**

SPRINGHILL, NS

Sun 7:30PM 1HR Foundation Group, Miners Hall, Use side entrance, 85 Main Street, Springhill, NS, B0M1X0 **(O,D)**

ST. PETERS, NS

Thu 7:00PM 1HR Gateway to Freedom, St Peters Village Commission Office, 60 Denys Street, St. Peters, NS, **(O,D,WC)**

SYDNEY, NS

Sun 7:00PM 1HR Phoenix, Heritage Church, Rear Entrance, 500 Charlotte Street, Sydney, NS, B1P 1E7 **(C,D,WC)**

Thu 1:30PM 1.5HR Her Reclaimed Freedom, 235 Townsend Street, Sydney, NS, B1P 5E7 **(O,D,W,WC)**

Fri 7:00PM 1HR Phoenix, Heritage Church, Rear Entrance, 500 Charlotte Street, Sydney, NS, B1P 1E7 **(C,D,WC)**

SYDNEY MINES, NS

Wed 8:00PM 1HR Love Life Group, Northside Learning Centre, 55 King Street, Sydney Mines, NS, B1V 1L7 **(O,D,WC,HY)**

TRURO, NS

Sun 7:00PM 1HR New Vision Group, St. Andrew's Church, Up Stairs, 55 King St., Truro, NS, B2N 3K8 **(O,D,WC)**

Thu 7:00PM 1.5HR New Vison Group, St. Andrew's Church, Basement, 55 King St., Truro, NS, B2N 3K8 **(O,D)** *Not Wheelchair Assessable*

WHYCOCOMAGH, NS

Tue 8:00PM 1HR Talking Circle, Theresa Cremo Memorial Health Center, Whycocomagh First Nation, CB, 93 Reservation Road, Whycocomagh, NS, **(O,D,WC)**

WINDSOR, NS

Thu 7:00PM 1HR Hope for Today, Hants Community Hospital, Room 2A, 89 Payzant Dr, Windsor, NS, B0N2T0 **(C,D,To,WC)**

YARMOUTH, NS

Fri 7:00PM 1HR Beacon of Hope Group, Beacon United Church, 25 Beacon Street, Yarmouth, NS, **(C,D,To,WC)**

ALBERTON, PE

Tue 7:00PM 1HR Ties That Bind, Sacred Heart Catholic Parish Church, *except first Tuesday of the month, 341 Main St, Alberton, PE, C0B 1B0 **(O,SD,WC)**

CHARLOTTETOWN, PE

Mon 8:00PM 1HR Steps To Freedom, Kirk of St. James Church, Pownal Street Entrance - Side Door, 35 Fitzroy Street, Charlottetown, PE, C1A 1R2 **(O,SD,St,To)**

Tue 7:00PM 1HR True Colours Recovery, Canadian Mental Health Building, 203 Fitzroy Street, Charlottetown, PE, C1A 1S1 **(C,D,WC,LGBTQ+)**

Tue 7:00PM 1HR Vision of Hope Group, Level 3 Classroom AB. Use front door take elevator at end of Hall, 60 Riverside Drive, Charlottetown, PE, C1A 8T5 **(O,D)** *Meets the SECOND TUESDAY of each month only*

Wed 8:00PM 1HR Steps To Freedom, Kirk of St. James Church, Pownal Street Entrance - Side Door, 35 Fitzroy Street, Charlottetown, PE, C1A 1R2 **(C,D,JT,To)**

Thu 7:00PM 1.5HR Progress Not Perfection, 203 Fitzroy Street, Charlottetown, PE, C1A1S5 **(BT,IW,WC)**

Fri 8:00PM 1HR Steps To Freedom, Kirk of St. James Church, Pownal Street Entrance - Side Door, 35 Fitzroy Street, Charlottetown, PE, C1A 1R2 **(C,D,To)**

Sat 7:00PM 1HR Recovery How and Why, Canadian Mental Health Building, 178 Fitzroy Street, Charlottetown, PE, C1A 1S1 **(O,St,Tr,WC)**

MONTAGUE, PE

Thu 8:00PM 1HR In the Solution Group, Hillcrest United Church, Back Door, 50 Wood Islands Hill, Montague, PE, C0A 1R0 **(O,BT,D,JT)**

SUMMERSIDE, PE

Sun 7:00PM 1HR Clean & Straight Group, St. Paul's Church, Corner of Central St. - Back Door, 289 Winter Street, Summerside, PE, C1N 1N4 **(O,BT,D,To,WC)**

Thu 7:00PM 1HR Clean & Straight Group, St. Paul's Church, Corner of Central St. - Back Door, 289 Winter Street, Summerside, PE, C1N 1N4 **(C,BT,D,WC)**

MEETING FORMAT LEGEND

BL	Bi-Lingual	BT	Basic Text
C	Closed	CL	Candlelight
D	Discussion	GL	Gay/Lesbian/Transgender
IP	Informational Pamphlet	IW	It Works -How and Why
JT	Just for Today	O	Open
RF	Rotating Format	Rr	Round Robin
St	Step	To	Topic
Tr	Tradition	W	Women
WC	Wheelchair	BK	Book Study
CW	Children Welcome	ENG	English speaking
WEB	Online Meeting	LC	Living Clean
VM	Virtual Meeting	HY	HY
LGBTQ+	LGBTQ+	SPAD	A Spiritual Principle a Day
SD	Speaker/Discussion		

HELPLINES

Nova Scotia 1.902.789.8323

PHONE NUMBERS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

Basic Text, *page 65*

CANADA ATLANTIC REGION

NOVEMBER 2026

Recovery Meeting Information

1 800 (NAWAY) 564 0228

https://carna.ca

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS