

## New Brunswick

1 888 436 2929

### DORCHESTER

#### Tuesday

Mountain Top Group  
Westmorland Institution  
7 PM - O/T/IC

#### Thursday

24 Hours Group  
Dorchester Penitentiary  
6 PM – IC

### EEL RIVER BAR

Wednesday  
Church Hall  
9 Main St  
6:30 PM – 8 PM  
English

Friday  
Church Hall  
9 Main St  
12 Noon – 1 PM  
English

### FREDERICTON

#### Monday

Free Spirit Group  
St. Mary's Veterans Memorial  
Health Centre  
440 Highland Ave.  
7:00 – 8:30 PM  
O./LC

#### Wednesday

Free Spirit Group  
Wilnot United Church Hall  
Carlton Street Door  
7:00 PM – O/JFT

#### Friday

Living the Miracle  
65 Brunswick St.  
Boardroom  
7:00 PM – H&W/O

#### Sunday

Last House on the Block  
65 Brunswick St.  
Boardroom  
7:00 PM – BT/O

### MIRAMICHI

#### Thursday

Fresh Start Group  
214 Pleasant Street  
7 PM - 8:30 PM O/H&W

#### Sunday

Fresh Start Group  
214 Pleasant Street  
7 PM - 8:30 PM - O/JFT

## MONCTON

#### Monday

Unity is the Key Group  
George Dumont Hospital  
2<sup>nd</sup> Floor (next to cafeteria)  
Archibald Street  
7:00 PM – O/BT/IP/T

#### Wednesday

Unity is the Key Group  
George Dumont Hospital  
2<sup>nd</sup> Floor (next to cafeteria)  
Archibald Street  
7 PM – O/BT/IP/T

#### Friday

Recovery Is Freedom Group  
Community College Rm A1012  
1234 Mountain Road  
7:00 PM - JFT/D

#### Saturday

Recovery Is Freedom Group  
Community College Rm A1012  
1234 Mountain Road  
7:00 PM - JFT/D

### SAINT JOHN

[www.greatwaytofreedom.com](http://www.greatwaytofreedom.com)

#### Sunday

Clean & Serene Group  
Grace Presbyterian Church  
101 Colburg Street  
(Hazen Street Entrance)  
7 PM – O/JFT/W

#### Tuesday

Clean & Serene Group  
Grace Presbyterian Church  
101 Colburg Street  
(Hazen Street Entrance)  
7 PM – O/H&W/W

#### Saturday

Living Clean Group  
St. Paul's Church Hall  
Rothesay Commons  
7:00 PM – 8:00 PM O/T

### TRACADIE-SHEILA

#### Samedi (Saturday)

Samedi D'etre Clean  
Centre C.A.J.  
604 Rue Riv-A-Truite  
7:30 – 9:00 PM – O/P

## Newfoundland/Lab

1 709 728 9084

### BURIN

#### Thursday & Saturday

Burin Peninsula Health Centre  
51-85 Main Street  
Education/Conference Room  
7:00 PM - 8:00 PM  
O/T/D

### CARBONEAR

#### Friday

Hope & Peace Group  
46 Powell Drive  
(side entrance next to cinema)  
7:00 PM

### CORNER BROOK

#### Monday

Just For Today Group  
Humberwood Treatment Centre  
35 Boone's Road  
6:00 PM - 7 PM - O

#### Saturday

Just For Today Group  
Humberwood Treatment Centre  
35 Boone's Road  
6:30 PM - 7:30 PM - O

### DEER LAKE

#### Thursday

Deer Lake Group  
Immaculate Conception Church  
Poplar Road  
7:30 PM - 8:30 PM - O

### HARBOUR GRACE

#### Wednesday

Hope & Peace Group  
The Grace Centre  
50 Lady Lake Road  
7:00 - 8:00 PM – C

### LABRADOR CITY

#### Wednesday

Clean & Serene Group  
Roman Catholic Church  
Basement  
Hudson Drive  
8 PM – O/D

#### Saturday

Clean & Serene Group  
Roman Catholic Church  
Basement  
Hudson Drive  
8 PM – O/D

## ST. JOHN'S

1 709 728 9084

#### Sunday

New Awakening Group  
300 Prince Philip Drive  
Health Science Centre Rm 2860  
8:00 PM – 9:00 PM  
O/D

#### Monday

Hope Group  
Wiseman Centre  
714 Water Street  
(near Orange Store)  
8 PM – O/D

#### Wednesday

Hope Group  
714 Water Street  
(near Orange Store)  
(Entrance on right side)  
8 PM – O/D

#### Thursday

Open Minded Group  
Cornerstone Ministries  
13 Ricketts Rd  
8:00 PM - 9:00 PM

#### Friday

New Awakenings Group  
Health Sciences Centre  
Room 2860  
8:00 PM

#### Saturday

Just For Today  
Wiseman Centre  
714 Water Street  
(near Orange Store)  
11 AM - 12 AM – O/D

## Nova Scotia

1 800 205 8402

[www.centralnovaarea.ca](http://www.centralnovaarea.ca)

### ANTIGONISH

#### Tuesday

Pathway To Peace Group  
120 St. Ninian St.(Behind Cathedral)  
6:30 PM – O/D/W

### BRIDGEWATER

#### Saturday

Clean If You Want To Be Group  
Holy Trinity Anglican Church Hall  
78 Alexandra Ave.  
8:00 PM – C/WC

## BRIDGETOWN

#### Saturday

Freedom Group  
St. James Anglican Church  
289 Granville St. E  
7:00 PM – C/W

### DARTMOUTH

902 454 2913

#### Sunday

St. James Church Hall  
181 Portland Street  
7:30 PM O/T

#### Monday

Live Clean or Die  
Holy Trinity Church  
30 Alfred St.  
O/T

Baptist Church  
6 Regal Road  
7:30 PM O/D/W

St. Paul Catholic Parish Church  
199 Windmill Rd  
7 PM O/D/W

#### Tuesday

Holly Trinity Church  
30 Alfred Street  
7:30 PM O

#### Wednesday

152 Windmill Road  
Sonlife Community Church  
7:30 PM – F/M

#### Thursday

Church Hall  
3 Crichton St.  
7:30 PM – O/D/W

#### Friday

St. James Church Hall  
181 Portland Street  
7:30 PM – O/D

#### Saturday

Road To Recovery  
Holy Trinity Church  
30 Alfred Street  
7:30 PM – O/T

### Enfield

#### Saturday

Open Arms Group  
St. Benard's Catholic Church  
253 Highway 2, Enfield  
7:00 PM O/D/L

## ESKASONI

#### Thursday

Circle of Hope Group  
70 Gabriel Street  
Nepasi Building  
8:30 PM O/T/W

### GLACE BAY

#### Saturday

You're Not Alone Group  
Alano Club  
McKeen Street (rear)  
10 7:00 PM - 8:00 PM - C/W

### HALIFAX

#### Sunday

90 In 90 Group  
Brunswick United Church  
2107 Brunswick Street  
7:30 PM – O/T

Nothing To Fear Group  
2535 Robie Street  
All Nations Church  
2:00 PM – O/T/W

#### Monday

A New Way To Live Group  
Northwood Manor  
2630 Gottingen Street  
1st Floor Boardroom  
11:45 AM - O/T/W

Shelter From the Storm Group  
2535 Robie Street  
All Nations Church  
7:30 PM – O/T

Liberation Group

St. Catherine's Church Hall  
6476 Bayers Road  
7:30 PM – O/T/BT

#### Tuesday

Never Alone  
DAL Student Union Building  
Room 224  
7:00 PM – C/T/W

Pride in Our Recovery  
Plan B Bldg

2180 Gottingen Street  
5:30 PM SJ/GLBT/ O

### Tuesday thru Friday

We Do Recover  
St. Georges Round Church Hall  
2222 Brunswick St.  
12:05 PM – 12:55 PM

**HALIFAX Continued**

**Wednesday**

Shelter From the Storm Group  
2535 Robie Street  
All Nations Church  
7:30 PM – O/T

Breaking Free Group  
Emmanuel Church  
322 Herring Cove Rd  
7:30 PM – O/D/W

**Thursday**

I Can't We Can  
St. Matthews United Church  
1479 Barrington Street  
8:00 PM – C/D/W

Nature of Recovery Group  
St. George's Round Church  
2222 Brunswick Street  
7:30 PM – O/BT

**Friday**

Starting Point Group  
St. John the Baptist Church  
26 Purcell's Cove Road  
8:00 PM – O/T

**Saturday**

Just For Today Group  
Luthern Church  
2096 Windsor St  
(Use Allen St. entrance)  
11:30 AM – C/T/W

Last Chance Group  
Calvin Presbyterian Church  
3311 Ashburn Ave.  
8:00 PM – O/T/W

**KENTVILLE**

**Monday**

Boomerang Group  
Kentville Recreation Centre  
354 Main St.  
8:00 PM – 9:00 PM C

**Tuesday**

N.A. Lengths  
Valley Search and Rescue  
Building  
177 Middle Dyke Rd  
8:00 PM – 9:00 PM O/T

**Kentville continued**

**Friday**

Boomerang Group  
Kentville Recreation Centre  
354 Main St.  
8:00 PM – C/T

Women Resiliency  
49 Cornwallis St.  
6:30 PM

**KINGSTON**

**Sunday**

Phoenix Group  
Kingston M.A.C.S. Center  
Bishop Mountain Rd.  
8 PM – C/TD/W

**NEW GLASGOW**

**Sunday & Thursday**

Taking Care Of Business Group  
151 Temperance St, Trinity  
United Church  
8:00 PM O/D

**TRURO**

**Sunday**

New Vision  
55 King Street  
8 PM - 9 PM O/D/W

**Tuesday**

New Vision  
55 King Street  
8 PM C/L/W

**Thursday**

New Vision  
55 King Street  
8 PM C/D/W

**Friday**

New Vision  
55 King Street  
8 PM - 9 PM O/D/W

**SACKVILLE**

**Tuesday**

Survivors Group  
Knox United Church  
(back door)  
567 Sackville Dr.  
7:30 PM – O/T

**SPRINGHILL**

**Sunday**

Foundation Group  
Miner's Hall  
85 Main Street  
7:30 PM – O/D

**SYDNEY MINES**

**Sunday**

Phoenix Group  
United Baptist Church  
500 Charlotte Street  
8:00 PM – C/D/W

**Wednesday**

Love Life Group  
55 King Street  
8 PM C/W/T

**SYDNEY**

**Friday**

Phoenix Group  
United Baptist Church  
500 Charlotte Street  
8:00 PM - C/D/W

**WHYCOCOMAGH**

**Tuesday**

Talking Circle  
93 Reservation Rd.  
8 PM – 9 PM - O/D

**WINDSOR**

NA Hope Group  
411 King St  
Baptist Church  
8 PM C/D/W

**YARMOUTH**

Super Nova  
Beacon Church  
25 Beacon Street  
7:00 PM - O/D/W

**P E I**

**1 800 205 8402**  
**CHARLOTTETOWN**

**Monday**

Steps to Freedom Group  
Kirk of St. James Church  
Corner of Pownal & Fitzroy  
8 PM – O/T

**Wednesday**

Steps to Freedom Group  
Kirk of St. James Church  
Corner of Pownal & Fitzroy  
8 PM – O/T

**Friday**

Steps to Freedom Group  
Kirk of St. James Church  
Corner of Pownal & Fitzroy  
8 PM – O/T

**Saturday**

Recovery How and Why  
Self Help Clearing House  
178 Fitzroy Street

**PEI Continued**

**MONTAGUE**

**Thursday**

In the Solution Group  
Hillcrest United Church  
(back door)  
50 Wood Islands Hill  
8:00 PM – O/D

**SUMMERSIDE**

**Sunday**

Clean & Straight Group  
St. Paul's Church  
(Back door)  
Winter St & Central St  
7:00 PM – O/T/W

**Tuesday**

Just For Today  
St. Eleanor's House  
571 South Drive  
7 PM - O/D/B/LC/WC

**Thursday**

Clean & Straight Group  
St. Paul's Church  
(Back door)  
Winter St & Central St  
7:00 PM – C/D/W

**Meeting Codes**

O – Open  
D- Discussion  
T – Topic Discussion  
IP – Info Pamphlet  
H&W – How & Why  
12&12 – Steps & Traditions  
IC–Institution Clearance  
Required  
C – Closed  
SP – Speaker  
SI - Special Interest  
BT – Basic Text  
JFT – Just For Today  
W – Wheelchair Access  
H – Hearing Impaired  
BL – Bilingual  
SS – Step Study  
S – Smoking  
LT – Literature Study  
F - Female Meeting  
M - Male Meeting  
GLBT - Gay, Lesbian, Bi-  
Sexual, Transgendered

**Code De Reunion**

O – Ouvert  
D – Discussion  
IP – Pamphlet  
P - Partage

**Canada Atlantic Region  
of  
Narcotics Anonymous**



**RECOVERY MEETING LIST**

**New Brunswick ~ 1.888.436.2929**  
**Newfoundland ~ 1.709.728.9084**  
**Nova Scotia ~ 1.800.205.8402**  
**Prince Edward Island ~ 1.800.205.8402**  
**Canada Wide ~ 1 855.562.2262**

800, 855 & 888 are toll free

*Meetings and Locations  
are subject to change.*

Printed: Jan 22, 2019

**CARNA**

**P.O. Box 26025**  
**Saint John, New Brunswick**  
**Canada**  
**E2J 4M3**

**www.carna.ca**

List updates: [contact.us@carna.ca](mailto:contact.us@carna.ca)

\*\*\*\*\*

**Narcotics Anonymous**  
**World Service Offices**  
**P. O. Box 9999**  
**Van Nuys, CA 91409**  
**(818) 773-9999**